

Absaroka Head Start



Community Resources 2016-2017

We want to welcome all our families to Head Start! We look forward to working with you and your child and hope you find the year enjoyable. If you need to contact us, all staff will be available at 548-7071.

OUR MISSION: To provide building blocks for children and families for a lifetime of success

OUR VISION: Building leaders for today and tomorrow

Here at Head Start we will be teaching your child:

High Scope Curriculum: High Scope is based on active learning. Active learning means students have direct, hands-on experiences with people, objects, events, and ideas. Children plan their activities, carry them out, and talk with others about what they have done and what they have learned.

VALUES:

1. Individuals are respected and valued.
2. Open and honest communication is fostered.
3. Cultural diversity is respected.
4. A non-judgmental atmosphere will be created and non-judgmental attitudes will be demonstrated.
5. Equal educational opportunities are provided for all children and families, regardless of race, gender, religion, ethnicity, sexual preference or disability.
6. Personal and professional growth opportunities are provided for staff and families.
7. Openness to and acceptance of progressive positive change is demonstrated.
8. Every individual has intrinsic worth. The opinions, experiences, and feelings of others are given consideration.

Schedule

Our arrival time for children in the **morning** class is **7:50 AM**, and pick up time is **11:30 AM**. For the **afternoon** class arrival time is **11:50 AM**, and pick up time is **3:30 PM**. **Please do not bring your child before the arrival time, unless we get special permission from the office.** That is preparation time for our teachers. Please be respectful of their time. **Please be prompt in picking up your child, and remember to check your mailbox for handouts daily.**

Parent Area

Mailbox for parents, resource information, schedules, and menus are found in our parent's corner. Another great resource for our parents is the Absaroka Head Start website: www.abshs.org.

Volunteer Calendar

We encourage you to volunteer as it is a great time to be with your child and it greatly helps us out. The calendar is posted in the parent corner. If you are unable to volunteer please find your own replacement for that day; another family member or someone from the community who can take your place. We are meeting our 80% in-kind towards federal monies for the time parents spend in our classroom. Please sign the in-kind sheet when you visit our center.

Resource Book

If there is any information you need and cannot find it in this Resource book, please feel free to ask one of the staff members. There is a Resource File in the Parent Area that has a lot more resources. If you cannot find your Resource Book, **There is also a copy in the parent corner.**

Sign-In/Sign-Out

We ask that you sign your child in and out every day. The sheet has your child's name on it. It is filled out as follows: write in the day of the week, the date, circle the meals your child will be eating (B for breakfast, L for lunch, or S for snack,) and then sign your child in. When you come in to pick up your child, you can sign him or her out for the day. **The sign in/sign out sheets are on the mailbox cart.**

NEWSLETTER

We send out a monthly newsletters filled with our activities, field trips, days without school, and other important information. It is also has ideas for furthering your child's interest in wanting to learn so they become school ready. When you are excited and interested, your child will learn from your interest and want to learn more. We follow the Big Horn School District #2 calendar.

Absaroka Head Start

Absaroka Head Start Worland Office Staff

Head Start Director Amber Clark
Fiscal Officer Ashley Olsen
Education Service Manager Virginia Kittleman
Family and Community Services Manager Rebeca Corona
Health Services Manager Valerie Peck
PDM Manager Misti Leyva
Operations Coordinator Tavis Olsen
Administrative Assistant Christine Zimdars
Component Assistant Joni Christiansen

Main Office: Absaroka Head Start

**P.O. Box 952
Worland, Wyoming 82401**

Phone: 307-347-4192

Fax: 307-347-4777

Absaroka Head Start Lovell Center Staff:

Morning classroom

Center Supervisor/Teacher Gail Collins
Teacher Aide..... Holly Englert
Cook..... Sandy McCollam

Afternoon classroom

Teacher..... Suzanne Dannar
Teacher Aide..... Debbie MacPeek
Cook..... Sandy McCollam

Absaroka Head Start

384 East Main

P.O. Box 265

Lovell, Wyo. 82431

307-548-7071

Big Horn County Daycare Providers

Freeman, Michelle	37 Big Horn	Byron	548-6633
Jiracek, Deb	221 E. main	Cowley	548-6809
Leonhardt, Jennifer	352 W. Main	Lovell	548-6854
Thomas, Marie	144 W. main	Lovell	548-6372
Shooting Star Academy Pre-school	750 ½ Kansas Ave.	Lovell	277-0272 921-0451
Terrie's Childcare	250 West 3rd Street	Lovell	254-5864
Lara Chanthongthip	243 West Main Street	Lovell	256-1397

Community Churches

<i>Church</i>	<i>Address</i>	<i>Representative</i>	<i>Phone</i>
Assembly of God	320 Idaho Ave.	Daniel Jarvis	548-7105
First Baptist Church	340 East 3rd St.		548-7478
Faith Southern Baptist	64 Park Ave.		548-6561
St. Joseph Catholic	1141 Shoshone Ave.		548-2282
St. John Lutheran	70 East 5th St.	Pastor Brandt	548-7127
United Methodist	10 Park Ave.		548-7478
Lovell Bible Church	East Main St.		548-7390
The Church of Jesus Christ of Latter Day Saints			
LDS Lovell Wyo. Stake	50 West Main	Troy Caldwell	548-2933
Lovell 1st Ward	50 West Main	Mike Jones	548-7233
Lovell 2nd Ward	50 West Main	David Briggs	548-7758
Lovell 3rd Ward	50 West Main	Neal Mayes	548-6258
Lovell 4th Ward	50 West Main	Scott Caturia	548-7151
Lovell 5th Ward	50 West Main	Richard Woodford	548-9401

Lovell, Byron & Cowley Rentals and Landlords

<u>CONTACT</u>	<u>PHONE NO.</u>	<u>TYPE OF HOUSING</u>	<u>LOCATION</u>
Anderson, Ken	272-0016	Mobiles/Houses	Lovell/Powell
Bair, Alan	548-7873	Mobiles/Houses/Apts.	Lovell/Byron
Beal, Tracey/Valerie	548-2667	Apartments	Lovell
Bischoff Enterprises	548-2279	Apartments	Lovell
Buckley, Jonathon	272-2932	Mobiles	Lovell
Fishe, Mike	754-3013	Oregon Ave 4plex	Lovell
Gilbert, Lisa	548-7311	Apartments	Lovell
Harris, Tim/Roz	548-6749	Idaho Ave. Apts	Lovell
Johnson Home/Land	548-6909	Houses	Lovell/Cowley
Lambert, George & Joni	850-227-5529/814-2477		
Lewis, Nick	548-7586	Rose City West Apts.	Lovell
Minchow, Jim	548-6822	Jersey/other apts.	Lovell
Monk, Charles	548-6686	Houses	Lovell/Cowley
Revelle, Karen	548-6819	Lovell apts.	Lovell
Richards, Don	548-7209	Houses	Lovell
Rower, Bret	359-3449	Houses	Byron
Walker, Dennis	548-7745	Houses	Lovell
Welch, Jay	272-0426	Town View Apts.	Lovell
Woodis, Dexter	548-2317	Houses	Cowley/Byron
Zeller, Gene	548-7562	Houses/Shady Grove	Lovell

Medical Service

North Big Horn Hospital	1115 Lane 12.....	548-5200
North Big Horn Hospital clinic	1115 Lane 12.....	548-5201
Dr. Caldwell MD		
Ken Ferbrache PA		
Dr. Jay DO/Family Practice Emergency Medicines		
Jack Carpenter PA		
Lisa Hobby PA-C		
Michael Asay PA		
Shelby Frost Nurse Practitioner		
TLC Clinic	229E Main St	548-9123
Family Vision clinic	426 Nevada Ave.....	548-7450
Waddell Vision Clinic	202 East Main	548-2668
Lovell Chiropractic	203 Park Ave.....	548-7020
Yellowstone Chiropractic	223 East Main	548-9334
Public Health	757Great Western	548-6591
Caring Program	231 East Midwest.....	1-800-544-9364
.....	Casper, WY.....	
Best Beginning for Babies	757 Great Western Ave.....	548-6591
Wyoming Kid Care		1-800-996-8786
Division of Health and Medical Service		307-777-7945
Division of Children’s Dental Service		307-777-7945
Pharmacist (Lovell Drug)	164 E Main St	548-7231
Wal-Mart (Cody)	321 Yellowstone Ave.....	307-527-5746
Powell Drug	140 N. Bent St.....	307-754-2031
Cares		307-548-2330

Attractions:

Medicine Wheel District Ranger307-548-6541
Big Horn Canyon Park Service.....307-548-2251
Horseshoe Bend Marina.....307-548-7230
Wild Mustang Center307-548-9453

Auto Body Repairs:

Gary’s Auto Body307-548-6763
Mayes Brothers307-548-7042

Aviation (air, taxi, tours, fuel, gliders and instruction):

North Big Horn County Airport.....307-548-6236
Cody Airport307-587-5096

Bands:

Cowley Boys.....307-548-2767
.....1-866*R*A*D*B*E*L*T

Banks

1st National Bank.....307-548-2271
Bank of Lovell307-548-2213
Big Horn Federal.....307-548-2703

Body and Hair Care

Mane Line Hair & Nail Design.....307-548-9490
We Got the Look.....307-548-7311
R Illusions307-548-9366
Gracie’s Back door Spa307-548-2456

Books:

Lovell Library307-548-7228

Bowling Lanes:

Yellowtail Lanes307-548-7732

Camping:

Lovell Community Camper Park307-548-6551
(Showers, Etc,) Quebec Ave (FREE)

Candy:

Lovell Drug307-548-2731
Queen Bee Gardens.....307-548-2543
Red Apple Supermarket.....307-548-2224

Carpet, Flooring, Paint:

Haskell’s Furniture.....	307-548-2269
Hardware Hank’s	307-548-7120
Mangus, John	307-548-7233
B&G Lumber	307-548-2231
A-Mayes-ing Installation	307-548-2168
Cowley Lumber	307-548-2485
Jolley’s Custom Service (vortex/granitex).....	307-272-9421

Catering:

Red Apple Supermarket.....	307-548-2224
C & C Catering	307-272-1050
Bimpie Subs & Salads	307-548-7979
Hawg Heaven.....	307-272-1470

College:

Northwest College	1-800-560-4692
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Convenience Store:

Good to Go.....	307-548-7246
Maverick	307-548-2470
Country Store	307-548-7110

Computers:

The Office Shop.....	307-548-2873
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Dentists:

Family Dentistry (Dr. Welch).....	307-548-2277
Lovell Dental (Dr. Anderson).....	307-548-7654

Disposal Services:

Town of Lovell	307-548-6551
Keele Sanitation	1-800-587-6616

Employment:

Employment Resource Division	307-587-4241
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Excavation:

Ty Sammons	307-272-4444
Midway Construction & Dirtwork.....	307-548-7522

Fabric:

Mayes Fabric.....	307-548-7715
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Fairgrounds:

Big Horn County-Basin Wyoming307-568-2968
Park County-Powell Wyoming307-754-5421

Flowers:

Valley Flowers307-548-7101

Funeral Chapel:

Haskell’s Funeral307-548-7678

Garden Equipment:

CK Hardware307-548-7120
B&G Lumber307-548-2231

Gift Shops:

Lovell Drug307-548-7231
Red Apple307-548-2224
Shophe Unique.....307-548-6764
Valley Flower & Gifts307-548-7101
Murphy’s Dollar Store307-548-6546
Family Dollar307-548-2160
Bumble Bee Soup Design Co.307-548-7687

Furniture:

Haskell’s Furniture.....307-548-2269

Glass Companies:

Tom Ferren.....307-548-2936

Golf Courses:

Foster Gulch Golf Course307-548-2445

Government:

Big Horn Canyon Recreation.....307-548-2251
Medicine Wheel Forest District307-548-6546
Shoshone Conservation District.....307-548-7422
Town of Byron307-548-7490
Town of Lovell307-548-7700
Town of Frannie.....307-548-2323

Grocery Stores:

Red Apple307-548-2224

Hardware:

CK Hardware307-548-7120
Lovell Building Center307-548-2231

Hospital:

North Big Horn Hospital.....307-548-5200
New Horizon Care Center.....307-548-5200

Insurance Agents / Agencies:

Big Horn Federal Ram’s Head.....307-548-2703
State Farm Insurance.....307-548-7152
Farm Bureau Insurance307-548-2064

Internet Service:

TCT West Inc..... 307-548-2275

Laundromat:

Mustang LaundryMontana Street North

Lawn and Garden:

CK Hardware307-548-7120
Lovell Building Center307-548-2231

Lock and Key Shops:

Robert Doerr307-548-6343
CK Hardware307-548-7120

Lounge/Bars/Liquor Store:

C & R Liquor307-548-2224
Diamond J Bar307-548-6573
Oasis.....307-548-6226
4 Corners.....307-548-7493
Country Store 307-548-7110
Water Hole307-548-6832
Byron Bar.....307-548-7084
Shoshoni Bar.....307-548-2099
Debbie’s Junction.....307-548-2360

Lumber Mill/Mill Products:

Cowley Lumber307-548-2485
Woodcraft Products307-548-2777
Lovell Building Center307-548-2231

Mail:

Lovell Post Office307-548-7605
Byron Post office307-548-7672
Cowley Post Office307-548-2689

Manufacturers:

Bentonite Corp307-548-2271
American Colloid/CETCO.....307-548-6521
Georgia Pacific.....307-548-2283
Western Sugar Factory.....307-548-2292
Wyo. Ben Inc. 307-548-6577

Memorials:

Lovell BeautificationP.O. Box 295 Lovell, WY
Friends of the Library300 Oregon Ave. Lovell, WY
Lovell Senior Citizen Center757 Great Western Ave. Lovell
War MemorialMain Street Lovell, WY

Mortgage Broker:

Bank of Lovell307-548-2213
Big Horn Federal.....307-548-2703
First Bank of Wyoming307-548-2751

Newspaper:

Lovell Chronicle307-548-2217

Non-Profit Organization:

Absaroka Head Start307-548-7071
Children Resource Center307-548-6722
Lovell BPW307-548-7431
Lovell Education Assoc307-548-6185
Lovell Rotary307-548-7799
Lovell Senior Citizen Center307-548-6546
The Lovell Riders
Lovell Beautification
Friends of the Lovell Library307-548-7552
Lovell Women’s Club.....307-548-2800

Office Supply/Equipment:

Powell Office Supply307-754-4154
Office Shop307-548-2731
Ink Spot.....307-548-7938

Paving:

Frost Construction.....307-548-6505
Mountain Construction307-548-7186
Wilson Construction307-548-6559

Pest Control:

Weed and Pest Inspector.....307-548-7261

Pharmacies:

Lovell Drug.....307-548-7231

Photography:

Fleeting Moments307-272-8519
Raime Edwardswww.ramieedwards.com
Crooked Creek Candids307-267-1987

Plumbing and Heating:

Canyon Service307-250-7649

Printer:

Aspen Printing307-548-6984

Promotional Service:

Lovell Chronicle307-548-2787

Propane:

Walker Distributor307-548-2900
Sinclair's Products307-548-7211
Red Apple Supermarket.....307-548-2224
Good to Go.....307-548-7246

Radio Stations:

Big Horn Radio Network307-754-5183 or 1-307-754-5128
KPOW
KTAG1-888-833-4400
KZMQ.....1-888-833-4400
KODI.....1-307-527-5045

Realtors (agents, appraising, developers)

Alexander Realty1-307-548-9970
West Agency1-307-548-7468
Johnson Home and Land.....1-307-548-6909

Rental (equipment and Ryder dealer)

Walker Distributor307-548-2900

Restaurants:

Minchow’s Food Court307-548-7979

Branding Iron307-548-9370

Hot Stuff Pizza.....307-548-2888

Pizza on the Run307-548-2206

Switch Back Café307-548-9595

Roofing:

Nash Rasmussen307-899-3980

Jay Brinkerhoff307-548-7203

Service Stations:

Sinclair Service307-548-7211

Sporting Activities:

Better Body Fitness.....307-548-2639

Horseshoe Bend Marina.....307-548-7230

Byron Rec Center.....307-213-8645

Sporting Goods:

CK Hardware307-548-7120

Storage:

Holly’s Storage307-548-2634

MRW Storage307-548-6346

Big Horn Storage307-548-6966

Telephone /Television (Repair, satellites, cable & service)

TCT West Broadband307-548-2275

Trendsetters (Byron) 307-548-7990

Travel Agents:

Travel Treks Travel Agency1-800-645-1260

Trophies/Screen Printing:

Big Horn Engraving.....307-548-7136

Transportation:

Boy and Girls Club307-527-7871

Senior Citizen Center.....307-548-6556

Utility:

Montana Dakota Utilities1-800-638-3278
Rocky Mountain Power Co.....1-800-221-7070
TCT West Inc.....1-800-354-2911 or 307-548-2275
Town of Lovell307-548-6551

Video Rentals:

Redbox at Maverick Gas Station

Water/Swimming:

Lovell Municipal Pool307-548-6466
Cowley Swimming Pool307-548-7256

General Information:

Lovell Chamber of Commerce.....307-548-7552

WEBSITES FOR PARENTS AND CHILDREN

GO TO THIS SITE CREATED FOR YOU TO ASK QUESTIONS ABOUT THE ACTIVITIES IN THIS BOOKLET: www.earlyliteracymatters.org

GO TO THIS PARENTS AS TEACHERS SITE FOR LOTS OF GREAT INFORMATION AND ACTIVITIES FOR PARENTS: www.patnc.org

*THIS SITE IS HELPFUL FOR PARENTS TO GATHER INFORMATION:
www.earlychildhood.com*

*THIS USER-FRIENDLY SITE OFFERS ADVICE FOR PARENTS ON MANY TOPICS:
www.parentsoup.com*

ON THIS SITE, PBS CHARACTERS LEAD CHILDREN THROUGH GAMES AND LEARNING ACTIVITIES: www.pbskids.org

*FOR THE KIDS – THIS SITE DESCRIBES CRAFTS, GAMES AND OTHER FUN IDEAS:
www.kinderplanet.com/index.htm*

*VISIT **GET READY TO READ** FOR NUMEROUS EARLY LITERACY ACTIVITIES FOR PARENTS AND TEACHERS: www.getreadytoread.org/research.html*

THIS WEBSITE IS DESIGNED FOR PARENTS INTERESTED IN LEARNING ABOUT READING DIFFICULTIES: www.proactiveparent.com

If you do not have internet access at home, you can access these sites and others free at your local library or at the center during work hours.

WEB SITES FOR PARENTS

- ★ <http://absrhs.org>: The Absaroka Head Start website with information about Absaroka Head Start.
- ★ <http://www.parenting.org>: The group of professionals who represent Girls and Boys Town National Resources and Training Center Created this Web site to offer practical parenting advice on a range of topics. Girls and Boys Town has provided amazing services to boy and girls for decades.
<http://parenting.ivillage.com>: This Web site has helpful information and advice for parents dealing with children at all developmental stages. They offer ideas on crafts, consumer information, and helping Mom pamper herself more. They offer advice and information and extensive list of topics.
- ★ <http://www.positiveparenting.com>: “Positive Parenting is dedicated to providing resources and information to help make parenting more rewarding, effective and fun!” This Web site, created by well-educated professionals, offers audio files for parents to listen to on certain topics as well as mp3 files, which parents can download and listen to at their leisure. The Web site also offers classes.
- ★ <http://parenting.aol.com>: This Web site is an extension of Parenting Magazine. The articles and topics are extensive and comprehensive, and you can search by the age of the child(ren) you have in your home. They also offer a homework/learning helpline.
- ★ <http://www.parenthood.com>: This Web site highlights adoption, family finances, special needs children, and grand parenting.
- ★ <http://www.americanbaby.com>: American Baby magazine Web site concentrates on conception and pregnancy, and contains volumes of information on newborns through age two. The Web site also offers a newsletter with free membership.
- ★ <http://www.fathermag.com>: This Web site for fathers offers information on “Fathering on the fringe,” “The Joy of Fathering,” “The Importance of Fathers,” “Custody and Divorce,” “Second Wives and Second Families,” “Fathers and Sons,” “Fathers and Daughters,” “Single Fathers,” and more.
- ★ <http://www.tnpc.com>: This Web site is produced through The National Parenting Center, which was founded in July of 1989. Their mission statement states that they began this Web site “with the intention of providing the most comprehensive and responsible parenting advice to parents everywhere. The advice provided is furnished by some of the world’s most respected authorities’ in the field of child rearing and development. “The Web site offers a unique teen and child personality quiz that attempts to help you understand your child better.
- ★ <http://www.familyeducation.com>: This site deals exclusively with education concerns that a family might be faced with. The site gives parents advice from Dr. Seuss, guides parents through choosing the right school, helps parents with handling parent-teacher conferences, offers homework help, and provides information on applying to college. The resources are categorized by age and interest.
- ★ <http://childparenting.about.com>: This Web site offers a broad selection of information covering discipline, health issues, development, family issues, and so on, as well as a great deal of academic support with homework help lines, advice on computers, helping children succeed in school, and effective study tips. The site also guides parents in selecting toys, gifts, and other family consumer needs.
- ★ <http://www.kidshealth.org>: Kids Health provides doctor-approved health information about children through adolescence. Kids Health has separate areas for kids, teen, and parents and

includes tons of features, article, animations, games, and resources, All the information is created and developed by experts in children and teen health.

- ★ <http://www.ed.gov>: This site offers various links to help your child academically (for example , “Helping Your Child Learn History Of Science”). Search for parents.”
- ★ <http://www.internet4-classroom.com>: This site offers information for parents to help their children. Links include reading, discipline, family, and schoolwork.
- ★ <http://www.futureofchildren.org:P> This site offers different journals you can read about issues children are facing such as obesity, social mobility, and son on.
- ★ <http://www.magickeys.com>: This site offers free stories you can read to your children and has books such as phonics, home schooling, children’s books, and puzzles.
- ★ <http://www.sesameworkshop.org>: Sesame Street games and short stories about Sesame Street characters facing certain fears and issues such as fire safety, immunizations, first day of school, and son on are the highlights of this Web Site.
- ★ <http://www.childrensmusic.org>: This site offers resources for parents to monitor their children’s music. It has age-appropriate music for children and gives comprehensive list of children’s recording artists.
- ★ <http://www.storyplace.org>: This site is a digital library for children offered in English and Spanish with links for selecting age-appropriate activities and stories.
- ★ <http://www.chkd.org>: This site has information for parents on positive discipline and ;how-to reduce stress with newborns and small children. It also give information on health and other issues such as CPR.
- ★ <http://www.stophitting.com>: Tins site gives information on how to stop spanking; and offers alternative ways for disciplining.
- ★ <http://www.postiviediscipline.com>: On this site, supported by Oprah, you can get information on positive discipline and ask questions and get a doctor’s responses.
- ★ <http://www.foreverfamilies.net>: Guiding children, family challenges, and issues facing families are topics that can be addressed on this site. It covers behavioral problems, keeping tabs on teens, and strengthening relationships.
- ★ <http://www.aappoicy.aappublications.org>: This site gives developmental approaches to discipline, strategies for effective discipline, and recommendations on how to change behavior. <http://www.nncc.org>: This site promotes positive behavior and gives you links to help children who have multiple problems such as abuse.
- ★ <http://www.practicalparent.org.uk>: This support site for parents and teachers includes a discussion board where you can ask questions and get answers on child behavior, and parenting tips such as stress and how it affects your child and their behavior.
- ★ <http://www.parentingweb.com>: This site discusses discipline verses punishment, and help steer parents and teachers to guide children to responsible behavior.

OTHER IMPORTANT INFORMATION

We have an open door policy, but we keep our doors locked for the children's safety. Please knock hard and loud on the door, or ring the doorbell.

We would love for you to come and volunteer! Your children would enjoy you coming and being with us because it makes them feel so special.

Come sign up and volunteer on our volunteer calendar monthly.

Please give us referrals for children who might want to come to head start as we are recruiting all year round.

PLEASE READ YOUR PARENT HANDBOOKS AND CALENDARS, THEY HAVE VITAL INFORMATION PERTAINING TO OUR PROGRAM, POLICIES AND PROCEDURES!!