



October 2017



Monday	Tuesday	Wednesday	Thursday
<p>2. Granola Bars, String Cheese, Fresh Fruit Cup</p> <p>Ham Au Gratin Potatoes, Whole Wheat Roll, Caesar Salad, Mango</p>	<p>3. Waffles, Scrambled Egg Beaters, Apple Slices</p> <p>Lasagna With Ground Beef, Romaine Salad, Melon</p>	<p>4. Sausage And Cheese McMuffin, Grapes</p> <p>Chicken Pita With Whole Wheat Pita, Feta, Tomato, Olives, Green Beans, Pineapple</p>	<p>5. Hot cereal, Turkey Bacon, Pears</p> <p>Beef Stew, Carrots Celery, Potatoes, Corn Bread Muffins, Orange Slices</p>
<p>9. Ham Skillet Scramble With Egg Beaters, Ham, Potatoes, Peaches</p> <p>Pulled Pork With Whole Wheat Bun, Corn, Apples</p>	<p>10. Pumpkin Bread, Bacon, Grapes</p> <p>Tater Tot Casserole, Whole Wheat Breadsticks, Mixed Veggies, Pears</p>	<p>11. Cinnamon Roll, Sausage Links, Applesauce</p> <p>Chicken Alfredo, Asparagus, Mixed Berries</p>	<p>12. Pancakes, Scrambled Egg Beaters, Blue Berries</p> <p>Ground Beef Nachos With Lettuce, Tomato, Beans And Cheese, Salsa, Mandarin Oranges</p>
<p>16. Bagels With Cream Cheese, Melon</p> <p>Turkey And Cheese Sliders On Hawaiian Rolls, Mixed Veggies, Apple Slices</p>	<p>17. Blue Berry Muffins, Cottage Cheese, Mango</p> <p>Sausage Pizza, Spinach Salad, Strawberries</p>	<p>18. Ham And Cheese Crescent Rolls, Pineapple</p> <p>Pot Roast With Potatoes, And Carrots, Whole Wheat Roll, Apricots</p>	<p>19. French Toast, Turkey Bacon, Peaches</p> <p>Chicken With Fried Rice, Broccoli, Mandarin Oranges</p>
<p>23. Biscuits and Gravy, Apples</p> <p>Spaghetti With Meat Sauce, Green Beans, Fresh Fruit Cups</p>	<p>24. Granola And Greek Yogurt Parfait, Mixed Berries</p> <p>Homemade Chicken Chunks, Whole Wheat Bread, Brussel Sprouts, Pineapple</p>	<p>25. Cheese Quesadilla, Bacon, Applesauce</p> <p>Tacos With Tomatoes, Lettuce, And Cheese, Corn, Melon</p>	<p>26. Apple Cinnamon Coffee Bread, Scrambled Egg Beaters, Pears</p> <p>Grilled Ham And Cheese Sandwich, Tomato Soup, Broccoli, Mandarin Oranges</p>
<p>30. English Muffin With Apple Butter, Turkey Bacon, Melon</p> <p>Sloppy Joes With Whole Wheat Bun, French Fries, Cucumbers, Grapes</p>	<p>31. Sausage Breakfast Pizza, Apple Slices</p> <p>Homemade Chicken Noodle Soup, Whole Wheat Crackers, Carrots, Celery, Peaches</p>		<p>Milk Is Served With Every Meal!!!!!!</p>