

OCTOBER NEWSLETTER

ABSAROKA HEAD
START

LOVELL CENTER

WEBSITE: ABSHS.ORG

548-7071

384 E. MAIN

LOVELL, WY 82431

Upcoming Events

- 10th - Centsible Nutrition
- 16th - No School



FALL IS HERE!!

Fall is officially here! We had a great first month of school. We talked a lot about our classrooms, our friends, and our rules at school. We also talked about our families: who's in a family and how families are different and the same.

Coming up we will be talking about our community workers. We will be looking forward

to visits with the police, firemen, and ambulance workers.

We will learn lots about what different jobs people do in our community and how they help us every day.

We will also have a great unit on fairy tales., talking all about real and make-believe. We are looking forward to a fun and

busy month at school.

Please remember that the weather is changing, but we still like to try to play outside every day. Jackets are great to keep out kiddos warm!

October

Birthdays

Dallas	3
Joshlyne	4
RaeLynn	9
Jeremiah	10
Silas	12
Kylee	21
Athena	26

SICK POLICY

Just a reminder about our Head Start sick policy. Although it is important for kids to come to school regularly, kids can't learn if they are sick. Germs spread pretty quickly in school, so keeping

your child home when they are sick protects everyone.

Our parent handbook gives guidelines on when to keep your child home and for how long. Vomiting, fever, diarrhea, and

anything contagious should be kept at home until the child is feeling better, usually 24 hours. This way they will be ready to learn when they feel better.



North Big Horn Hospital

Flu Shot Clinics



CAFE INFLUENZA

- Flu shots for adults. Drive through the clinic parking lot from 9:00 - 4:00 on Friday, October 6th.

CHILDREN'S FLU SHOTS

- Flu Shots for children will be available at North Big Horn Hospital Clinic on the following Friday afternoons from 1:00 - 4:00 Oct. 13, 20, & 27. Also on Saturday, Nov. 4th from 9:00 to 1:00. Please call the clinic at 307 548-5201 to reserve a time for your child.

FAMILY WELL BEING

This month our family engagement activity is focusing on family well being. We are encouraging all families to get flu shots.

According to the CDC, an annual seasonal flu vaccine is the best way to reduce your risk of getting sick with seasonal flu and spreading it to others. When more people get vaccinated against the flu, less flu can spread through that community. Everyone 6 months of age and older should get a flu vaccine every season. You should get a flu vaccine before flu begins spreading in your community. It takes about two weeks after vaccination for antibodies to develop in the body that protect against flu, so make plans to

get vaccinated early in fall, before flu season begins. CDC recommends that people get a flu vaccine by the end of October, if possible.

- [Flu vaccination](#) can keep you from getting sick with flu.
- Flu vaccination can reduce the risk of flu-associated hospitalization, including among children and older adults.
- Flu vaccination also may make your flu illness milder if you do get sick.
- Getting vaccinated also protects people around you, including those who are more vulnerable to serious flu illness, like babies and young children, older people, and people with certain chronic health conditions.