

Chili Feed

We will be hosting a chili feed for our Cody Head Start families this month! We are still determining a date and time, but it will be towards the end of January. This will also be our 2nd Parent Committee Meeting of the year. We will keep you all updated with more information once we have decided on a date and time.

*Families Engagement to Peers & Community

Health & Wellness

Let's keep our class healthy in the New Year! Don't forget to send the appropriate clothing and outdoor wear for your children! Please also remember to keep your kiddos home when they are sick to prevent the spread of germs and sickness! 😊

*Family Well Being

CODY HEAD START



January Newsletter

Recruitment

We are currently recruiting for all centers in the region! Please help spread the word and recommend our program to family and friends! We can also always add new children to our waitlist so that they are ready to enroll in the case of an opening in our center!

Classroom Themes for January



Dinosaurs

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Light &
Shadow



Get Healthy for the New Year!

It's 2018! Take advantage of the new year and use these tips to boost your families health this year!

1. Make regular check-up and screening appointments for the whole family.
2. Wash your hands regularly with soap and warm water.
3. Make healthy food choices.
4. Be active! Find activities the whole family can do!
5. Get sufficient sleep!

*Family Well-Being



Center Staff

Terri Johnson

Teacher & Center
Supervisor

Courtney Hood

Teacher Aide

Aggie Bruce

Cook

Grandma Jo Ford

Cooking Assistant &
Experience Works
Employee

Regional Coordinator

Sherri Loran

Dates to Remember

- **Monday, January 8th:**
Students return to Head Start from Winter Break
- **Monday, January 15th:**
No School - Martin Luther King Jr. Day
- **Wednesday, January 17th:**
Muffins for Moms - After you drop off your kiddos, please stop by the Head Start office building next door and enjoy a muffin and coffee!
- **Chili Feed (Date & Time to be determined)**
We will be hosting a chili feed for our 2nd Parent Committee Meeting!

*Families Engagement to Peers & Community

Did You Know?

WIC (Women, Infants & Children) is a program that provides many services to families in our community and all over the country.

Not only do they provide nutritious supplemental foods, but they also provide health and nutrition education and screenings, healthcare referrals and breastfeeding support! Please let us know if you would like more information! You can also contact our local WIC office at (307) 527-8580.

*Family Well Being



DINO FACTS

- THE WORD DINOSAUR COMES FROM THE GREEK LANGUAGE AND MEANS "TERRIBLE LIZARD".
- A PERSON WHO STUDIES DINOSAURS IS CALLED A PALEONTOLOGIST.
- SOME DINOSAURS WERE CARNIVORES AND ATE MEAT. SOME WERE HERBIVORES AND ATE PLANTS.

Absaroka Head Start - Cody

Class Times:
Monday - Thursday
8:30 am to 12:30 pm
307-527-6454

www.abshs.org

Facebook: Absaroka Head Start - Cody



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