

Absaroka Head Start



Community Resources 2018-2019

We want to welcome all our families to Head Start! We look forward to working with you and your child and hope you find the year enjoyable. If you need to contact us, all staff will be available at 568-2032.

MISSION: To provide building blocks for children and families for a lifetime of success

VISION: Building leaders for today and tomorrow

VALUES:

1. Individuals are respected and valued.
2. Open and honest communication is fostered.
3. Cultural diversity is respected.
4. A non-judgmental atmosphere will be created and non-judgmental attitudes will be demonstrated.
5. Equal educational opportunities are provided for all children and families, regardless of race, gender, religion, ethnicity, sexual preference or disability.
6. Personal and professional growth opportunities are provided for staff and families.
7. Openness to and acceptance of progressive positive change is demonstrated.
8. Every individual has intrinsic worth. The opinions, experiences, and feelings of others are given consideration.

Main Office: Absaroka Head Start

P.O. Box 952

Worland, Wyoming 82401

Phone: 307-347-4192

Fax: 307-347-4777

Website: www.abshs.org

High Scope Curriculum

High Scope is based on active learning. Active learning means students have direct, hands-on experiences with people, objects, events, and ideas. Children plan their activities, carry them out, and talk with others about what they have done and what they have learned.

Parent Area

Mailbox for parents, resource information, schedules, and menus are found in our parent's corner. Another great resource for our parents is the Absaroka Head Start website: **www.abshs.org**.

Volunteer Calendar

We encourage you to volunteer as it is a great time to be with your child and it greatly helps us out. The calendar is posted in the parent corner. If you are unable to volunteer please find your own replacement for that day; another family member or someone from the community who can take your place. We are meeting our 80% in-kind towards federal monies for the time parents spend in our classroom. Please sign the in-kind sheet when you visit our center.

Resource Book

If there is any information you need and cannot find it in this Resource book, please feel free to ask one of the staff members. There is a Resource File in the Parent Area that has a lot more resources. If you cannot find your Resource Book, **There is also a copy in the parent corner.**

Sign-In/Sign-Out

We ask that you sign your child in and out every day. The sheet has your child's name on it. It is filled out as follows: write in the day of the week, the date, circle the meals your child will be eating (B for breakfast, L for lunch, or S for snack,) and then sign your child in. When you come in to pick up your child, you can sign him or her out for the day. **The sign in/sign out sheets are in the mailbox cart.**

NEWSLETTER

We send out a monthly newsletters filled with our activities, field trips, days without school, and other important information. It is also has ideas for furthering your child's interest in wanting to learn so they become school ready. When you are excited and interested, your child will learn from your interest and want to learn more. We follow the Big Horn School District #4 calendar.

Absaroka Head Start-Basin Center

609 Rue Avenue, P.O. Box 844

Basin, WY 82410

Center Supervisor/Teacher Mandy Hammer
Teacher Aide..... Robyn Swiftney
Teacher Aide..... Rianna Baird
Cook Angela Tharp

Schedule

Providing full-day services

Our arrival time for children in the **morning** is **8:15 AM**, and pick up time is **3:15 PM**.

IMPORTANT INFORMATION

We have an open door policy, but we keep our doors locked for the children's safety. Please knock hard and loud on the door, or ring the doorbell.

Come and volunteer! Your children would enjoy you coming and being with us because it makes them feel so special.

Come sign up and volunteer on our volunteer calendar monthly.

Please give us referrals for children who might want to come to Head Start as we are recruiting all year round.

Family Well-Being		
Safety	Address	Phone
<i>Domestic Violence/Sexual Assault/Victim Services</i>		
C.A.R.E.S. Crisis Hotline Basin/Greybull (888-372-3334)		568-3334
Department of Family Services		548-6503
Big Horn County Search & Rescue		568-2324
Police/Sheriff/Ambulance/Fire		911
Police (non-emergency) Basin		568-2341
Greybull		765-2308
Sheriff (non-emergency)		548-6784
WY Highway Patrol/Auto	Accidents & Emergencies	800-442-9090
WY Poison Control		800-222-1222
<i>Housing Stability</i>		
Bair Apartments		548-6216
Big Horn Court		440-2023
Greybull Apartments		765-9236
Martin Apartments		440-2023
Rose City Apartments		272-3094
Town View Apartments		548-2499
Valley Homes		440-2023
Energy Share		877-461-5719
LIEAP		800-246-4221
<i>Health</i>		
<i>Public Health Nurse</i>		
Greybull		765-2371
<i>Hospitals</i>		
North Big Horn Hospital		548-5200
Diabetes Educator		548-5225
South Big Horn County Hospital		568-3311
<i>Medical Clinics</i>		
Big Horn Clinic		568-2499
Midway Clinic		568-3311
Hoffman & Snyder TLC		548-9123
North Big Horn Hospital Clinic		548-5201
Heritage Health Center		764-4107
Provider Ag Worker Health & Services		754-3240
Washakie Co. Family Planning- Greybull		347-3866
<i>Dentists</i>		
Jeffries Dental		568-2552

Lovell Dental		548-7654
Welch Family Dentistry (Lovell)		548-7501
Prevention		
Big Horn Health Coalition		548-6410
Big Horn County Tobacco Prevention		272-8503
Wyoming Cancer Resource Services		877-437-2702
Wyoming Quit-line		800-784-8669
Mental Health		
AA (Alcoholics Anonymous)		587-3024
Big Horn Basin Counseling (After Hrs. & Emergency)		800 -311-4124
Basin		568-2020
Big Horn Basin Group Home (Office)		568-2222
Northwest Wyoming Treatment Center (Powell)		271-7460
Division of Vocational Rehab		877-473-7207
Job Corps (Youth)		800-733-5627
WY Dept. of Workforce Services		587-4241
Employment		
Greybull Workforce Development		765-9453
Wyoming Workforce Development		234-4591
Financial Stability		
Basin Security State Bank		568-2483
Greybull Security State Bank		765-2600
River Rail Credit Union		765-2852
Big Horn Federal		765-4412
Bank of Greybull		765-4437
Food/Clothing		
Cent\$ible Nutrition		765-2868
Communities Outreach Thrift Shop		765-4409
Consumer Health Services NBHC (Dept. of Ag.)		548-2154
SBHC		568-2064
Department of Family Services (DFS) SNAP Greybull		877-290-9321
North Big Horn Food Bank		548-7127
South Big Horn Food Bank		568-3331
W.I.C. (Women/Infant/Children) Worland (Greybull)		347-9249
Salvation Army Basin		272-4340
Greybull		765-9431

Positive Parent-Child Relationships		
Nurturing Relationships		
Greybull City Park		4 th Ave. South
Greybull Recreational Center/Roller Rink	527 1 st Ave S.	307-765-9575
★ http://www.positiveparenting.com : “Positive Parenting is dedicated to providing resources and information to help make parenting more rewarding, effective and fun!” This Web site, created by well-educated professionals, offers audio files for parents to listen to on certain topics as well as mp3 files, which parents can download and listen to at their leisure. The Web site also offers classes.	★	★
★ http://parenting.aol.com : This Web site is an extension of Parenting Magazine. The articles and topics are extensive and comprehensive, and you can search by the age of the child(ren) you have in your home. They also offer a homework/learning helpline.	★	★
★ http://www.parenthood.com : This Web site highlights adoption, family finances, special needs children, and grand parenting.	★	★
★ http://www.americanbaby.com : American Baby magazine Web site concentrates on conception and pregnancy, and contains volumes of information on newborns through age two. The Web site also offers a newsletter with free membership.	★	★
★ http://www.fathermag.com : This Web site for fathers offers information on “Fathering on the fringe,” “The Joy of Fathering,” “The Importance of Fathers,” “Custody and Divorce,” “Second Wives and Second Families,” “Fathers and Sons,” “Fathers and Daughters,” “Single Fathers,” and more.	★	★
★ http://www.tnpc.com : This Web site is produced through The National Parenting	★	★

Center, which was founded in July of 1989. Their mission statement states that they began this Web site “with the intention of providing the most comprehensive and responsible parenting <i>THIS USER-FRIENDLY SITE OFFERS ADVICE FOR PARENTS ON MANY TOPICS:</i> www.parentsoup.com		
★ <i>ON THIS SITE, PBS CHARACTERS LEAD CHILDREN THROUGH GAMES AND LEARNING ACTIVITIES:</i> www.pbskids.org	★	★
★ http://www.parenting.org : The group of professionals who represent Girls and Boys Town National Resources and Training Center Created this Web site to offer practical parenting advice on a range of topics. Girls and Boys Town has provided amazing services to boy and girls for decades.	★	★
★ http://parenting.ivillage.com : This Web site has helpful information and advice for parents dealing with children at all developmental stages. They offer ideas on crafts, consumer information, and helping Mom pamper herself more. They offer advice and information and extensive list of topics.	★	★
Day Care:		
Basin-Sam Kelly		250-9087
Greybull Lil Red Wagon		765-2227
Greybull Mini Miracles		431-6538
Child Development Education/Parenting Skills		
Websites:		
* <i>GO TO THIS SITE CREATED FOR YOU TO ASK QUESTIONS ABOUT THE ACTIVITIES IN THIS BOOKLET:</i> www.earlyliteracymatters.org	*	*
* <i>THIS SITE IS HELPFUL FOR PARENTS TO GATHER INFORMATION:</i> www.earlychildhood.com	*	*
* <i>VISIT GET READY TO READ FOR NUMEROUS EARLY LITERACY ACTIVITIES FOR PARENTS AND</i>	*	*

TEACHERS: www.getreadytoread.org/research.html		
* THIS WEBSITE IS DESIGNED FOR PARENTS INTERESTED IN LEARNING ABOUT READING DIFFICULTIES: www.proactiveparent.com	*	*
* FOR THE KIDS – THIS SITE DESCRIBES CRAFTS, GAMES AND OTHER FUN IDEAS: www.kinderplanet.com/index.htm	*	*
<u>If you do not have internet access at home, you can access these sites and others free at your local library or at the center during work hours.</u>		
Families as Educators		
Family Education		
Greybull Library		765-4485
Greybull Museum		765-2444
Greybull Museum Flight & Arial Firefighting		765-2100
Basin Library		568-2388
Websites:		
★ http://www.familyeducation.com : This site deals exclusively with education concerns that a family might be faced with. The site gives parents advice from Dr. Seuss, guides parents through choosing the right school, helps parents with handling parent-teacher conferences, offers homework help, and provides information on applying to college. The resources are categorized by age and interest.	★	★
★ http://childparenting.about.com : This Web site offers a broad selection of information covering discipline, health issues, development, family issues, and so on, as well as a great deal of academic support with homework help lines, advice on computers, helping children succeed in school, and effective study tips. The site also guides	★	★

parents in selecting toys, gifts, and other family consumer needs.		
★ http://www.kidshealth.org : Kids Health provides doctor-approved health information about children through adolescence. Kids Health has separate areas for kids, teen, and parents and includes tons of features, article, animations, games, and resources, All the information is created and developed by experts in children and teen health.	★	★
★ http://www.ed.gov : This site offers various links to help your child academically (for example , “Helping Your Child Learn History Of Science”). Search for parents.”	★	★
★ http://www.internet4-classroom.com : This site offers information for parents to help their children. Links include reading, discipline, family, and schoolwork.	★	★
★ http://www.futureofchildren.org : This site offers different journals you can read about issues children are facing such as obesity, social mobility, and son on.	★	★
★ http://www.magickeys.com : This site offers free stories you can read to your children and has books such as phonics, home schooling, children’s books, and puzzles.	★	★
★ http://www.sesameworkshop.org : Sesame Street games and short stories about Sesame Street characters facing certain fears and issues such as fire safety, immunizations, first day of school, and son on are the highlights of this Web Site.	★	★
★ http://www.childrensmusic.org : This site offers resources for parents to monitor their children’s music. It has age-appropriate music for children and gives comprehensive list of children’s recording artists.	★	★
★ http://www.storyplace.org : This site is a digital library for children offered in English and Spanish with links for selecting age-appropriate activities and stories.	★	★

★ http://www.chkcd.org : This site has information for parents on positive discipline and ;how-to reduce stress with newborns and small children. It also give information on health and other issues such as CPR.	★	★
★ http://www.stophitting.com : Tins site gives information on how to stop spanking; and offers alternative ways for disciplining.	★	★
★ http://www.postiviediscipline.com : On this site, supported by Oprah, you can get information on positive discipline and ask questions and get a doctor’s responses.	★	★
★ http://www.foreverfamilies.net : Guiding children, family challenges, and issues facing families are topics that can be addressed on this site. It covers behavioral problems, keeping tabs on teens, and strengthening relationships.	★	★
★ http://www.aappoicy.aappublications.org : This site gives developmental approaches to discipline, strategies for effective discipline, and recommendations on how to change behavior. http://www.nncc.org : This site promotes positive behavior and gives you links to help children who have multiple problems such as abuse.	★	★
★ http://www.practicalparent.org.uk : This support site for parents and teachers includes a discussion board where you can ask questions and get answers on child behavior, and parenting tips such as stress and how it affects your child and their behavior.	★	★
★ http://www.parentingweb.com : This site discusses discipline verses punishment, and help steer parents and teachers to guide children to responsible behavior.	★	★
Families as Learners		
Parent Training		
Northwest College		754-6000
University of WY Outreach		754-6108
Basin Cloud Peak Middle		568-2846

Basin Riverside High		568-2416
Greybull Middle		765-4492
Greybull High		765-2537
Family Engagement in Transition		
Children with Disabilities		
Children's Resource Center (CRC) Basin		568-2914
Parents As Teachers (PAT)	www.patnc.org	
Kindergarten Transition		
Basin-Laura Irwin Elementary		568-2488
Greybull Elementary		765-2311
Family Connections to Peers and Community		
Families/Peers/Community		
Driver's License		568-2529
5th Judicial District Court		568-2381
Child Support Enforcement		568-2970
Family Treatment Court		568-2390
Legal Aid of Wyoming		877-432-9955
Eagles Lodge		568-2378
Elks BPOE Lodge #1431		765-2500
Hands Across The Saddle		765-4466
Lions Club-Greybull		765-2022
Ministerial Society		765-4449
NOWCAP		347-6185
Shriner's		754-4751
Big Horn Basin Cancer Center Transportation		587-2955
Rural Transportation Voucher Program		754-4868
Basin		
RMF Inc.		568-2276
Harper's Service Station		568-2338
Valley Hardware		568-2213
Greybull		
A&C Motors		765-9693
FIR Auto Repair		388-9376
Downtown Auto Clinic		765-4300
O'Rileys		765-4401
Napa		765-4478

JR's Towing		765-2109
BH COOP		765-4466
GBC		765-4466
Basin		
First Baptist		568-2121
St. Andrews Episcopal		568-2072
United Methodist		568-2063
Greybull		
First Baptist		765-2640
Grace Fellowship		765-2353
Grace Southern Baptist		765-2575
Grace Lutheran		765-2866
Greybull Alliance		765-2415
Sacred Heart Catholic		765-2438
Greybull-Basin LDS		568-2309
Shell		
Shell Cowboy Community Church		765-2697
Families as Advocates and Leaders		
Leadership Development		
School Dist. #4 (Basin) Superintendent		568-2684
School Dist. #3 (Greybull) Superintendent		765-4756
Circuit Court Basin		568-2367
Chamber of Conference Basin		568-3055
Chamber of Commerce Greybull		765-2100
Senate District 20- Wyatt Agar	Wyatt.Agar@wyoleg.gov	
Governor Matt Mead	governor.wyo.gov	
US Senator John Barrasso 109 Hart -Senate Office Bldg. Washington, DC 20510-5003	senator_ibarrasso@barra.sso.senate.gov	
US Senator Mike Enzi 290 Russell-Senate Office Bldg. Washington, DC 20510-5002	Senator_menzi@enzi.senate.gov	
US Representative Liz Cheney 1114 Longworth -House Office Building Washington, DC 20515	https://cheney.house.gov/contact/email	