

Absaroka Head Start



Community Resources 2018-2019

We want to welcome all our families to Head Start! We look forward to working with you and your child and hope you find the year enjoyable. If you need to contact us, all staff will be available at 548-7071.

MISSION: To provide building blocks for children and families for a lifetime of success

VISION: Building leaders for today and tomorrow

VALUES:

1. Individuals are respected and valued.
2. Open and honest communication is fostered.
3. Cultural diversity is respected.
4. A non- judgmental atmosphere will be created and non-judgmental attitudes will be demonstrated.
5. Equal educational opportunities are provided for all children and families, regardless of race, gender, religion, ethnicity, sexual preference or disability.
6. Personal and professional growth opportunities are provided for staff and families.
7. Openness to and acceptance of progressive positive change is demonstrated.
8. Every individual has intrinsic worth. The opinions, experiences, and feelings of others are given consideration.

Main Office: Absaroka Head Start

P.O. Box 952

Worland, Wyoming 82401

Phone: 307-347-4192

Fax: 307-347-4777

Website: www.abshs.org

High Scope Curriculum

High Scope is based on active learning. Active learning means students have direct, hands-on experiences with people, objects, events, and ideas. Children plan their activities, carry them out, and talk with others about what they have done and what they have learned.

Parent Area

Mailbox for parents, resource information, schedules, and menus are found in our parent's corner. Another great resource for our parents is the Absaroka Head Start website: **www.abshs.org**.

Volunteer Calendar

We encourage you to volunteer as it is a great time to be with your child and it greatly helps us out. The calendar is posted in the parent corner. If you are unable to volunteer please find your own replacement for that day; another family member or someone from the community who can take your place. We are meeting our 80% in-kind towards federal monies for the time parents spend in our classroom. Please sign the in-kind sheet when you visit our center.

Resource Book

If there is any information you need and cannot find it in this Resource book, please feel free to ask one of the staff members. There is a Resource File in the Parent Area that has a lot more resources. If you cannot find your Resource Book, **There is also a copy in the parent corner.**

Sign-In/Sign-Out

We ask that you sign your child in and out every day. The sheet has your child's name on it when you come in to drop off or pick up your child, you can sign him or her out for the day. **The sign in/sign out sheets are on the mailbox cart.**

NEWSLETTER

We send out a monthly newsletters filled with our activities, field trips, days without school, and other important information. It is also has ideas for furthering your child's interest in wanting to learn so they become school ready. When you are excited and interested, your child will learn from your interest and want to learn more. We follow the Big Horn School District #2 calendar.

Absaroka Head Start-Lovell Center

384 East Main
P.O. Box 265
Lovell, Wyo. 82431

Morning classroom

Teacher..... Suzie Dannar
Teacher Aide..... Deb Anderson
Cook Sandy McCollam

Afternoon classroom

Center Supervisor/Teacher Gail Collins
Teacher Aide..... Holly Englert
Cook Sandy McCollam

Schedule

Our arrival time for children in the **morning** class is **7:50 AM**, and pick up time is **11:30 AM**. For the **afternoon** class arrival time is **11:50 AM**, and pick up time is **3:30 PM**. **Please do not bring your child before the arrival time, unless we get special permission from the office.** That is preparation time for our teachers. Please be respectful of their time. **Please be prompt in picking up your child, and remember to check your mailbox for handouts daily.**

IMPORTANT INFORMATION

We have an open door policy, but we keep our doors locked for the children's safety. Please knock hard and loud on the door, or ring the doorbell.

Come and volunteer! Your children would enjoy you coming and being with us because it makes them feel so special.

Come sign up and volunteer on our volunteer calendar monthly.

Please give us referrals for children who might want to come to head start as we are recruiting all year round.

Family Well-Being		
Safety	Address	Phone
Domestic Violence/Sexual Assault/Victim Services		
Cares (domestics violence)		307-548-2330
Lovell Police Station		307-548-2215
Department of Family Services		307-548-6503
Housing Stability		
Anderson, Ken		272-0016
Bair, Alan Lovell/Byron		548-7873
Beal, Tracey/Valerie Apartments		548-2667
Bischoff Enterprises Apartments		548-2279
Buckley, Jonathon		272-2932
Fishe, Mike- 4plex	Oregon Ave	754-3013
Gilbert, Lisa Apartments		548-7311
Harris, Tim Roz Apt	Idaho Ave.	548-6749
Johnson Home Lovell/Cowley		548-6909
Lambert, George & Joni		850-227-5529
Lewis, Nick -Lovell	Rose City W. Apts.	548-7586
Minchow, Jim	Jersey	548-6822
Monk, Charles Lovell/Cowley		548-6686
Revelle, Karen	Lovell apts.	548-6819
Richards, Don		548-7209
Walker, Dennis		548-7745
Welch, Jay	Town View Apts.	272-0426
Woodis, Dexter Cowley/Byron		548-2317
Zeller, Gene	Shady Grove	548-7562
Realtors (agents, appraising, developers)		
Alexander Realty		1-307-548-9970
West Agency		1-307-548-7468
Johnson Home and Land		1-307-548-6909
Utilities:		
Montana Dakota Utilities		1-800-638-3278
Rocky Mountain Power		800-221-7070
Town of Lovell		307-548-6551
Plumbing and Heating:		
Canyon Service		307-250-7649
Health		
North Big Horn Hospital	1115 Lane 12	548-5200
North Big Horn Hospital Clinic	1115 Lane 12	548-5201
TLC Clinic	229E Main St	548-9123

Family Vision clinic	426 Nevada Ave	548-7450
Lovell Chiropractic	203 Park Ave	548-7020
Yellowstone Chiropractic	223 East Main	548-9334
Public Health	213 E 3 rd St	548-6591
Caring Program -Casper	231 East Midwest	1-800-544-9364
Best Beginning for Babies	213 E 3 rd St	548-6591
Wyoming Kid Care		1-800-996-8786
Division of Health and Medical Service		307-777-7945
Division of Children's Dental Service		307-777-7945
Pharmacies:		
Pharmacist (Lovell Drug)	164 E Main St	307-548-7231
Wal-Mart (Cody)	321 Yellowstone	307-527-5746
Powell Drug	140 N. Bent St	307-754-2031
Dentists:		
Family Dentistry (Dr. Welch)		307-548-2277
Lovell Dental (Dr. Anderson)		307-548-7654
Mental Health		
Big Horn Basin Counseling Services		548-6543
Employment		
Employment Resource Division		307-587-4241
Bentonite Corp		307-548-2271
American Colloid/CETCO		307-548-6521
Georgia Pacific		307-548-2283
Western Sugar Factory		307-548-2292
Wyo. Ben Inc.		307-548-6577
Financial Stability		
1 st National Bank		307-548-2271
Bank of Lovell		307-548-2213
Big Horn Federal		307-548-2703
Insurance Agents/Agencies		
Big Horn Federal Ram's Head		307-548-2703
State Farm Insurance		307-548-7152
Farm Bureau Insurance		307-548-2064
Food/Clothing		
Lovell Food Pantry (Church)	United Methodist	307- 548-7478
Family Dollar		307-548-2160
Mustang Laundry	Montana St. N.	
Queen Bee Gardens		307-548-2543
Red Apple Supermarket/Catering		307-548-2224
Blimpie Subs & Salads/Catering		307-548-7979
Hawg Heaven/Catering		307-272-1470

Positive Parent-Child Relationships

Nurturing Relationships

<http://www.positiveparenting.com>:

“Positive Parenting is dedicated to providing resources and information to help make parenting more rewarding, effective and fun!” This Web site, created by well-educated professionals, offers audio files for parents to listen to on certain topics as well as mp3 files, which parents can download and listen to at their leisure. The Web site also offers classes.

<http://parenting.aol.com>: This Web site is an extension of Parenting Magazine. The articles and topics are extensive and comprehensive, and you can search by the age of the child (ren) you have in your home. They also offer a homework/learning helpline.

<http://www.parenthood.com>: This Web site highlights adoption, family finances, special needs children, and grand parenting.

<http://www.americanbaby.com>: American Baby magazine Web site concentrates on conception and pregnancy, and contains volumes of information on newborns through age two. The Web site also offers a newsletter with free membership.

<http://www.fathermag.com>: This Web site for fathers offers information on “Fathering on the fringe,” “The Joy of Fathering,” “The Importance of Fathers,” “Custody and Divorce,” “Second Wives and Second Families,” “Fathers and Sons,” “Fathers and Daughters,” “Single Fathers,” and more.

<http://www.tnpc.com>: This Web site is produced through The National Parenting Center, which was founded in July of 1989. Their mission statement states that they

began this Web site “with the intention of providing the most comprehensive and responsible parenting <i>THIS USER-FRIENDLY SITE OFFERS ADVICE FOR PARENTS ON MANY TOPICS:</i> www.parentsoup.com		
<i>ON THIS SITE, PBS CHARACTERS LEAD CHILDREN THROUGH GAMES AND LEARNING ACTIVITIES:</i> www.pbskids.org		
http://www.parenting.org : The group of professionals who represent Girls and Boys Town National Resources and Training Center Created this Web site to offer practical parenting advice on a range of topics. Girls and Boys Town has provided amazing services to boy and girls for decades.		
http://parenting.ivillage.com : This Web site has helpful information and advice for parents dealing with children at all developmental stages. The offer ideas on crafts, consumer information, and helping Mom pamper herself more. They offer advice and information and extensive list of topics.		
Daycare:		
Leonhardt, Jennifer	352 W. Main	548-6854
Thomas, Marie	144 W. Main	548-6372
Shooting Star Academy	750 ½ Kansas Ave	277-0272
Preschool		921-0451
Terrie’s Childcare	250 West 3rd St.	254-5864
Lara Chanthongthip	243 West Main	256-1397
Yellowtail Bowling Lanes		307-548-7732
Big Horn Canyon Recreation		307-548-2251
Child Development Education/Parenting Skills		
Websites:		
<i>GO TO THIS SITE CREATED FOR YOU TO ASK QUESTIONS ABOUT THE ACTIVITIES IN THIS BOOKLET:</i> www.earlyliteracymatters.org		

THIS SITE IS HELPFUL FOR PARENTS TO GATHER INFORMATION: www.earlychildhood.com		
VISIT GET READY TO READ FOR NUMEROUS EARLY LITERACY ACTIVITIES FOR PARENTS AND TEACHERS: www.getreadytoread.org/research.html		
THIS WEBSITE IS DESIGNED FOR PARENTS INTERESTED IN LEARNING ABOUT READING DIFFICULTIES: www.proactiveparent.com		
FOR THE KIDS – THIS SITE DESCRIBES CRAFTS, GAMES AND OTHER FUN IDEAS: www.kinderplanet.com/index.htm		
<i>If you do not have internet access at home, you can access these sites and others free at your local library or at the center during work hours.</i>		
Families as Educators		
Family Education		
Lovell Library	300 Oregon Ave.	548-7228
Lovell-Kane Area Museum	354 Oregon Ave	548-7552
Cowley Pioneer Museum	230 S. Division St	307-543-7700
Websites:		
http://www.familyeducation.com : This site deals exclusively with education concerns. The site gives parents advice from Dr. Seuss, guides parents through choosing the right school, helps parents with handling parent-teacher conferences, offers homework help, and provides information on applying to college. Resources are categorized by age and interest.		
http://childparenting.about.com : This Web site offers a broad selection of information covering discipline, health issues, development, family issues, and so on, as well as a great deal of academic support with homework help lines, advice on computers, helping children succeed in school, and effective study tips. The site also guides parents in selecting toys, gifts, and other family consumer needs.		

<p>http://www.kidshealth.org: Kids Health provides doctor-approved health information about children through adolescence. Kids Health has separate areas for kids, teen, and parents and includes tons of features, article, animations, games, and resources. All the information is created and developed by experts in children and teen health.</p>		
<p>http://www.ed.gov: This site offers various links to help your child academically (for example, “Helping Your Child Learn History of Science”). Search for parents.”</p>		
<p>http://www.internet4-classroom.com: This site offers information for parents to help their children. Links include reading, discipline, family, and schoolwork.</p>		
<p>http://www.futureofchildren.org: This site offers different journals you can read about issues children are facing such as obesity, social mobility, etc.</p>		
<p>http://www.magickeys.com: This site offers free stories you can read to your children and has books such as phonics, home schooling, children’s books, and puzzles.</p>		
<p>http://www.sesameworkshop.org: Sesame Street games and short stories about Sesame Street characters facing certain fears and issues such as fire safety, immunizations, first day of school, and son on are the highlights of this Web Site.</p>		
<p>http://www.childrensmusic.org: This site offers resources for parents to monitor their children’s music. It has age-appropriate music for children and gives comprehensive list of children’s recording artists.</p>		
<p>http://www.storyplace.org: This site is a digital library for children offered in English and Spanish with links for selecting age-appropriate activities and stories.</p>		
<p>http://www.chkd.org: This site has</p>		

information for parents on positive discipline and; how-to reduce stress with newborns and small children. It also give information on health and other issues such as CPR.		
http://www.stophitting.com : Tins site gives information on how to stop spanking; and offers alternative ways for disciplining.		
http://www.postiviediscipline.com : On this site, supported by Oprah, you can get information on positive discipline and ask questions and get a doctor’s responses.		
http://www.foreverfamilies.net : Guiding children, family challenges, and issues facing families are topics that can be addressed on this site. It covers behavioral problems, keeping tabs on teens, and strengthening relationships.		
http://www.aappoicy.aappublications.org : This site gives developmental approaches to discipline, strategies for effective discipline, and recommendations on how to change behavior. http://www.nncc.org : This site promotes positive behavior and gives you links to help children who have multiple problems such as abuse.		
http://www.practicalparent.org.uk : This support site for parents and teachers includes a discussion board where you can ask questions and get answers on child behavior, and parenting tips such as stress and how it affects your child and their behavior.		
https://positiveparenting.com/ : This site discusses discipline verses punishment, and help steer parents and teachers to guide children to responsible behavior.		
Families as Learners		
Parent Training		
GED/Big Horn County Lovell Annex	355 E 5th St	307-548-2731
Northwest College (ESL & ABE classes)		1-800-560-4692
Lovell Middle School	325 W 9th St	307-548-6553

Lovell High School	502 Hampshire Ave	307-548-2256
The Office Shop/Computer		307-548-2873
TCT West Inc. Internet		307-548-2275
Powell Office Supply		307-754-4154
Office Shop		307-548-2731
Ink Spot		307-548-7938
Aspen Printing		307-548-6984
Family Engagement in Transition		
Children with Disabilities		
Children Resource Center		307-548-6722
Parents As Teachers	www.patnc.org	
Kindergarten Transition		
Lovell Elementary School	520 Shoshone Ave	307-548-2247
Family Connections to Peers and Community		
Families/Peers/Community		
Gary's Auto Body		307-548-6763
Mayes Brothers		307-548-7042
Sinclair Service		307-548-7211
North Big Horn County Airport		307-548-6236
Cody Airport		307-587-5096
Mane Line Hair & Nail Design		307-548-9490
We Got the Look		307-548-7311
R Illusions		307-548-9366
Gracie's Back door Spa		307-548-2456
Haskell's Furniture		307-548-2269
Lovell DMV -Driver's License	203 East 2nd	307-548-2494
Churches:		
Assembly of God-Daniel Jarvis	320 Idaho Ave.	548-7105
First Baptist Church	340 East 3rd St.	548-7478
Faith Southern Baptist	64 Park Ave.	548-6561
St. Joseph Catholic	1141 Shoshone	548-2282
St. John Lutheran- Pastor Brandt	70 East 5 th St.	548-7127
United Methodist	10 Park Ave.	548-7478
Lovell Bible Church	East Main St.	548-7390

<i>Jesus Christ of Latter Day Saint</i>	50 W. Main	548-2963
<i>LDS Lovell Wyo. Stake Tom Newman</i>		548-2933
<i>Lovell 1st Ward-Bruce Morrison</i>		548-7233
<i>Lovell 2nd Ward-David Briggs</i>		548-7758
<i>Lovell 3rd Ward-Neal Mayes</i>		548-6258
<i>Lovell 4th Ward-Matthew Bassett</i>		548-7151
<i>Lovell 5th Ward-Richard Woodford</i>		548-9401
Byron Ward-Brett George	220 East Main	548-2354
<i>Cowley 1st Ward-Casey Crosby</i>	52 East Main	548-6269
<i>Cowley 2nd Ward-Tim Jones</i>		548-7703
Town of Lovell		307-548-6551
Keele Sanitation		1-800-587-6616
Ty Sammons		307-272-4444
Midway Construction & Dirt work		307-548-7522
Haskell's Furniture		307-548-2269
Mayes Fabric		307-548-7715
Valley Flowers		307-548-7101
Haskell's Funeral		307-548-7678
Tom Ferren Glass Company		307-548-2936
CK Hardware		307-548-7120
Lovell Building Center		307-548-2231
Robert Doerr		307-548-6343
B&G Lumber		307-548-2231
Cowley Lumber		307-548-2485
Woodcraft Products		307-548-2777
Hardware Hank's		307-548-7120
Mangus, John		307-548-7233
A-Mayes- Installation		307-548-2168
Jolley's Custom Service (vortex/granitex)		307-272-9421
Lovell Post Office		307-548-7605
Byron Post office		307-548-7672
Cowley Post Office		307-548-2689
Walker Distributor		307-548-2900
Nash Rasmussen		307-899-3980
Jay Brinkerhoff		307-548-7203
Better Body Fitness		307-548-2639
Horseshoe Bend Marina		307-548-7230
Byron Rec Center		307-213-8645
Holly's Storage		307-548-2634
MRW Storage		307-548-6346
Big Horn Storage		307-548-6966
Boy and Girls Club		307-527-7871

Senior Citizen Center		307-548-6556
Propane: Walker Distributor		307-548-2900
Sinclair's Products		307-548-7211
Red Apple Supermarket		307-548-2224
Good to Go		307-548-7246
Weed and Pest Inspector		307-548-7261
Lovell BPW		307-548-7431
Lovell Senior Citizen Center		307-548-6546
Families as Advocates and Leaders		
Leadership Development		
Big Horn County School District #2 Offices	502 Hampshire Ave	307-548-2259
Lovell Chamber of Commerce		307-548-7552
Town of Byron		307-548-7490
Town of Lovell		307-548-7700
Town of Frannie		307-548-2323
Clerk of Courts (Voter Registration)		307-568-2367
Big Horn Radio Network		307-754-5183
Lovell Chronicle		307-548-2217
Lovell Rotary		307-548-7799
Senate District 20- Wyatt Agar	Wyatt.Agar@wyoleg.gov	
Governor Matt Mead	governor.wyo.gov	
US Senator John Barrasso 109 Hart -Senate Office Bldg. Washington, DC 20510-5003	senator_jbarrasso@barrasso.senate.gov	
US Senator Mike Enzi 290 Russell-Senate Office Bldg. Washington, DC 20510-5002	Senator_menzi@enzi.senate.gov	
US Representative Liz Cheney 1114 Longworth -House Office Building Washington, DC 20515	https://cheney.house.gov/contact/email	