

# Lander Head Start

November 2018

Monday	Tuesday	Wednesday	Thursday
<p>Absaroka, Inc. is an EOE</p>			<p>1. Pancakes, Pineapple, Hard Boiled Egg</p> <p>Salisbury Steak, Mashed Potatoes, Fresh Fruit, Mixed Veggies, Breadsticks</p>
<p>5. Hot Cereal, Berries, Sausage</p> <p>Ham Mac &amp; Cheese, Apples, Green Beans, Roll</p>	<p>6. Croissants, Peaches, Hard Boiled Egg</p> <p>Philly Cheese Steak, Oranges, Peppers</p>	<p>7. Waffles, Apple Sauce, Cottage Cheese</p> <p>Hamburger Noodle Soup, Pineapple, Mixed veggies, Roll.</p>	<p>8. Cheese Biscuits, Pears</p> <p>Open Face Turkey Sandwich, Oranges, Broccoli, Mashed Potatoes</p>
<p>12. Cereal, Strawberries, Cheese Cubes</p> <p>Cheeseburger, Apple Slices, Sweet Potato Fries</p>	<p>13. Cheesy Ham and Hashbrown Casserole, Peaches, Crackers</p> <p>French Dip, Orange Slices, Broccoli</p>	<p>14. Biscuits and Sausage Gravy, Pears, Milk</p> <p>Chili, Applesauce, Carrot, Celery Sticks, Roll</p>	<p>15. Apple Cinnamon Bread Pineapple</p> <p>Chicken Enchiladas, Apricots, C</p>
<p>19. Greek Yogurt, Cereal, Berries</p> <p>Chicken Chunks, Melon, Caesar Salad, Breadstick</p>	<p>20. English Muffin, Apple Slices, Cheddar Slices</p> <p>Tacos, Peaches, Corn</p>	<p>21. Breakfast Nachos, Mandarin Oranges</p> <p>Pulled Pork Sandwiches, Pears, Mixed Vegetables</p>	<p>22. French Toast, Apple Sauce</p> <p>Ham &amp; Cheese Pizza, Mango, Green Beans</p>
<p>26. Cinnamon Raisin Toast, Apple Sauce, Bacon</p> <p>Tuna Salad Sandwich, Orange Slices, Sweet Potato Fries</p>	<p>27. Crescent Rolls, Melon, Sausage</p> <p>Chicken Caesar Wrap, Blue Berries, Brussel Sprouts</p>	<p>28. Blueberry Muffin, Pears, Cottage Cheese,</p> <p>Hamburger Au Gratin Potatoes, Peaches, Peas, Roll</p>	<p>29. Scrambled Egg Beaters, Toats, Mandarin Oranges</p> <p>Lasagna, Apricots, Broccoli</p>