

Parent Meeting

We will have our January Parent Meeting on the 22nd from 5:30-7:00pm. We will be serving dinner and will have an update from our Policy Council Advisor. CRC and Kristy from Centsible Nutrition will be here. Please plan on attending!

Health & Wellness

Let's keep our class healthy in the New Year! Don't forget to send the appropriate clothing and outdoor wear for your children! Please also remember to keep your kiddos home when they are sick to prevent the spread of germs and sickness! 😊

*Family Well Being

Basin HEAD START



January Newsletter



*Families Engagement to Peers
& Community



Recruitment

We are currently recruiting for all centers in the region! Please help spread the word and recommend our program to family and friends! We can also always add new children to our waitlist so that they are ready to enroll in the case of an opening in our center!

Classroom Themes for January



Light & Shadow



Get Healthy for the New Year!

It's 2019! Take advantage of the new year and use these tips to boost your families health this year!

1. Make regular check-up and screening appointments for the whole family.
2. Wash your hands regularly with soap and warm water.
3. Make healthy food choices.
4. Be active! Find activities the whole family can do!
5. Get sufficient sleep!

*Family Well-Being



Center Staff

Mandy Hammer

Teacher & Center
Supervisor

Robyn Swiftney

Rianna Baird
Teacher Aides

Angie Tharp

Cook

Dori Woodward

Regional Coordinator

Dates to Remember

- **January 22nd:**
Parent Meeting
- **January 24th:**
Show and Tell

*Families Engagement to Peers & Community

Did You Know?

WIC (Women, Infants & Children) is a program that provides many services to families in our community and all over the country.

Not only do they provide nutritious supplemental foods, but they also provide health and nutrition education and screenings, healthcare referrals and breastfeeding support! Please let us know if you would like more information! You can also contact our local WIC office at (307)-765-2371



*Family Well Being

Dino Facts

- The word dinosaur comes from the Greek language and means “terrible lizard”.
- A person who studies dinosaurs is called a paleontologist.
- Some dinosaurs were carnivores and ate meat. Some were herbivores and ate plants.

Absaroka Head Start - Basin

Class Times:

Monday - Thursday

8:15am to 3:15pm

307-568-2032 307-388-9582

www.abshs.org

Facebook: Absaroka Head Start-Basin



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