

Family Parent

This month we are planning a trip to the movies! More information to come!

Health & Wellness

Let's keep our class healthy in the New Year! Don't forget to send the appropriate clothing and outdoor wear for your children! Please also remember to keep your kiddos home when they are sick to prevent the spread of germs and sickness! 😊

*Family Well Being

HEAD START



January Newsletter



*Families Engagement to Peers
& Community



Recruitment

We are currently recruiting for all centers in the region! Please help spread the word and recommend our program to family and friends! We can also always add new children to our waitlist so that they are ready to enroll in the case of an opening in our center!

Classroom Themes for January

Pets



Light & Shadow



Get Healthy for the New Year!

It's 2019! Take advantage of the new year and use these tips to boost your families health this year!

1. Make regular check-up and screening appointments for the whole family.
2. Wash your hands regularly with soap and warm water.
3. Make healthy food choices.
4. Be active! Find activities the whole family can do!
5. Get sufficient sleep!

*Family Well-Being



Center Staff

Julie Kaufman

Teacher & Center
Supervisor

Miss Mary Lou &

Miss Gina

Teacher Aide

Miss Kelly

Cook

Sallie Wright

Regional Coordinator

Dates to Remember

- **January 21:**
NO SCHOOL
- **January Family Night - We are still planning! More information to come!**

*Families Engagement to Peers & Community

Did You Know?

WIC (Women, Infants & Children) is a program that provides many services to families in our community and all over the country. Not only do they provide nutritious supplemental foods, but they also provide health and nutrition education and screenings, healthcare referrals and breastfeeding support! Please let us know if you would like more information! You can also contact our local WIC office at (307) 684-2744.



*Family Well Being

From the teacher:

Welcome 2019! We are plan into routine after winter break. We are so glad to be back in the classroom with your little ones! Id-year assessments begin now and I am eager to document all the progress these kids have made since the beginning of the year! As always, please let us know if you have any questions or concerns!

Thank you! Julie, Mary Lou, Gina & Kelly

Absaroka Head Start - Buffalo

Class Times:
Monday - Thursday
8:30 am to 3:30 pm
307-684-2873

www.abshs.org

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