

# Community Resource Handbook 2023-2024



The Parent Family and Community Engagement Framework (PFCE) blue column is embedded in this resource handbook to help you meet your Family Outcomes. If there is any information you need and cannot find it, please feel free to ask one of the staff members. **There is a copy on our website under your respective "Center" tab.** https://www.abshs.org/all-centers/basin We want to welcome all our families to Head Start! We look forward to working with you and your child and hope you find the year enjoyable. If you need to contact us, please call 568-2032.

MISSION: To provide building blocks for children and families for a lifetime of success

**VISION**: Building leaders for today and tomorrow

## VALUES:

1. Individuals are respected and valued.

2. Open and honest communication is fostered.

3. Cultural diversity is respected.

4. A non-judgmental atmosphere will be created, and non-judgmental attitudes will be demonstrated.

5. Equal educational opportunities are provided for all children and families, regardless of race, gender, religion, ethnicity, sexual preference or disability.

6. Personal and professional growth opportunities are provided for staff and families.

7. Openness to and acceptance of progressive positive change is demonstrated.

8. Every individual has intrinsic worth. The opinions, experiences, and feelings of others are given consideration.

Main Office: Absaroka Head Start P.O. Box 952 Worland, Wyoming 82401 Phone: 307-347-4192 Fax: 307-347-4777 Website: www.abshs.org

Absaroka, Inc. is an EOE

# **Creative Curriculum**

*The Foundation* helps teachers create a high-quality learning environment and build a thorough understanding of best practices. *Daily Resources* help teachers plan and manage every moment of their day. Through studies, which are hands-on, project-based investigations, *The Creative Curriculum® for Preschool* helps teachers build children's confidence, creativity, and critical thinking skills, and promote positive outcomes.

ReadyRosie links with the Creative Curriculum that helps families deepen and scale their family engagement efforts in the education of their child. Teachers will use mobile technology to build powerful partnerships between families for "*Ready Families, Ready Educators, Ready Children*".

# Parent Area

There is some required information such as schedules, menus, and safety precautions on the parent wall at our center. You can get most of your information on our Facebook page "Absaroka Head Start-Basin" Please check it daily to keep updated. Another great resource for our parents is the Absaroka Head Start website:

https://www.abshs.org/resources If you do not have internet access at home, you can access sites and others free at your local library or at the center during work hours.

## <u>Volunteer</u>

We encourage you to volunteer services and attend parent activities as it is a great time to be with your child and it greatly helps us out. We are meeting our 80% in-kind towards federal monies for the time parents spend volunteering. Please sign the in-kind sheet when you visit our center.

#### Sign-In/Sign-Out

We ask that you sign your child in and out every day. The sheet includes previously entered information, including your child's name and the date. Please sign your name and time during drop-off and pickup, on the correct date.

#### <u>Newsletter</u>

We send out a monthly newsletter filled with our activities and other important information. It also has ideas for furthering your child's interest in wanting to learn so they become school ready. When you are excited and interested, your child will learn from your interest and want to learn more. There are Community Calendar events posted on the center's Facebook page. We follow the Big Horn School District #4 calendar. **Absaroka Head Start-Basin Center** 

609 Rue Avenue, P.O. Box 844 Basin, WY 82410

Teacher......Suzie Danner Family and Health Service Aide......Robyn Swiftney Classroom Aide.....Tristan Lesher Cook.....Brianna Saldivar

# <u>Schedule</u>

Providing full-day services Our arrival time for children in the **morning** is **8:15 AM** and pick up time is **3:30PM**.

# **IMPORTANT INFORMATION**

We have an open-door policy; however, for children's safety, we keep our doors locked. Please knock hard and loud on the door, ring the doorbell, or call the center.

Please Help us Recruit! Please give referrals for children who might want to come to Head Start as we are recruiting all year round.

Family Well-Being		
Safety	Address	Phone
Domestic Violence/Sexual Assault/Victim		
Services		
C.A.R.E.S. Crisis Hotline Basin/Greybull		568-3334
(888-372-3334)		
Department of Family Services		548-6503
Big Horn County Search & Rescue		568-2324
Police/Sheriff/Ambulance/Fire		911
Police (non-emergency) Basin		568-2341
Greybull		765-2308
Sheriff (non-emergency)		548-6784
WY Highway Patrol/Auto	Accidents & Emergencies	800-442-9090
WY Poison Control		800-222-1222
Housing Stability		
Bair Apartments		548-6216
Big Horn Court		440-2023
Greybull Apartments		765-9236
Martin Apartments		440-2023
Rose City Apartments		272-3094
Town View Apartments		548-2499
Valley Homes		440-2023
Energy Share		877-461-5719
LIEAP		800-246-4221
Health		
Public Health Nurse		
Greybull		765-2371
Hospitals		
North Big Horn Hospital		548-5200
Diabetes Educator		548-5225
South Big Horn County Hospital		568-3311
Medical Clinics		
Big Horn Clinic		568-2499
Three Rivers Health		568-3311
Hoffman & Snyder TLC		548-9123
North Big Horn Hospital Clinic		548-5201
WYO Clinic		209-3391
Heritage Health	Greybull	765-1450
Provider Ag Worker Health & Services		754-3240
Washakie Co. Family Planning- Greybull		347-3866
Basin Pharmacy		568-3636
Greybull Pharmacy		765-4601
Dentists		

Jeffries Dental	Worland	347-3994
Lovell Dental		548-7654
Welch Family Dentistry (Lovell)		548-7501
Greybull Dental		765-4654
Nelson & Page	209 S. 7 <sup>th</sup> Worland	347-2544
Prevention		
Big Horn Health Coalition		548-6410
Big Horn County Tobacco Prevention		272-8503
Wyoming Cancer Resource Services		877-437-2702
Wyoming Quit-line		800-784-8669
Mental Health		
AA (Alcoholics Anonymous)		587-3024
Big Horn Basin Counseling (After Hrs. &	1114 Lane 12	568-2020 or
Emergency)		800 - 311 - 4124
Big Horn Basin Group Home (Office)		568-2222
Northwest Wyoming Treatment Center		271-7460
(Powell)		
Division of Vocational Rehab		877-473-7207
Job Corps (Youth)		800-733-5627
Wisehart Counseling		307-765-2112
Hope Counseling		307-765-2060
WY Dept. of Workforce Services		587-4241
Employment		
Greybull Workforce Development		765-9453
Wyoming Workforce Services	https://dws.wyo.gov/	234-4591
Financial Stability		
Basin Security State Bank		568-2483
Greybull Security State Bank		765-2600
River Rail Credit Union		765-2852
Big Horn Federal		765-4412
Bank of Greybull		765-4437
Food/Clothing		
Cent\$ible Nutrition		347-3431
Communities Outreach Thrift Shop		765-4409
Consumer Health Services NBHC (Dept. of		548-2154
Ag.)		
SBHC		568-2064
Department of Family Services (DFS) SNAP		877-290-9321
Greybull		
North Big Horn Food Bank		548-7127
South Big Horn Food Bank		568-3331
W.I.C. (Women/Infant/Children) Worland		347-9249
(Greybull)		

Salvation Army Basin		272-4340
Greybull		765-9431
<b>Positive Parent-Child</b>		
I USITIVE I al ent-Ciniu		
Relationships		
Nurturing Relationships		
Greybull City Park		4 <sup>th</sup> Ave. South
Greybull Recreational Center/Roller Rink	527 1 <sup>st</sup> Ave S.	307-765-9575
Provides resources and information to help		
make parenting more rewarding, effective,		
and fun! http://www.positiveparenting.com		
Concentrates on conception and pregnancy		
and contains volumes of information on		
newborns through age two.		
http://www.americanbaby.com		
Offers information on "Fathering on the		
fringe," "The Joy of Fathering," "The		
Importance of Fathers," "Custody and		
Divorce," "Second Wives and Second		
Families," "Fathers and Sons," "Fathers and		
Daughters," "Single Fathers.		
http://www.fathermag.com		
Produced through "The National Parenting		
Center". http://www.tnpc.com		
PBS characters lead children through games		
and learning activities. <u>www.pbskids.org</u>		
Created to offer practical parenting advice on		
a range of topics. <u>http://www.parenting.org</u>		
Day Care:		
Greybull Lil Red Wagon		765-2227
Greybull Mini Miracles		431-6538
Child Development		
<b>Education/Parenting Skills</b>		
Literacy: <u>www.earlyliteracymatters.org</u>		
Gather information about child development.		
www.earlychildhood.com		
<b>Families as Educators</b>		
Family Education		
Greybull Library		765-4485
Greybull Museum		765-2444
Greybull Museum Flight & Arial Firefighting		765-2100
Basin Library		568-2388
Websites:		

Deals exclusively with education concerns	
that a family might be faced with, gives	
parents advice from Dr. Seuss, guides parents	
through choosing the right school, helps	
parents with handling parent-teacher	
conferences, offers homework help, and	
provides information on applying to college.	
The resources are categorized by age and	
interest. <u>http://www.familyeducation.com</u>	
Offers a broad selection of information	
covering discipline, health issues,	
development, family issues, academic support	
with homework help lines, advice on	
computers, helping children succeed in	
school, and effective study tips.	
http://childparenting.about.com	
Offers various links to help your child	
academically (for example, "Helping Your	
Child Learn History of Science"). Search for	
parents http://www2.ed.gov	
Offers free stories you can read to your	
children and has books such as phonics, home	
schooling, children's books, and puzzles.	
http://www.magickeys.com	
Short stories about Sesame Street characters	
facing certain fears and issues such as fire	
safety, immunizations, first day of school, and	
son on are the highlights of this Web Site.	
http://www.sesameworkshop.org	
Offers resources for parents to monitor their	
children's music. It has age-appropriate music	
for children and gives comprehensive list of	
children's recording artists.	
http://www.childrensmusic.org	
Digital library for children offered in English	
and Spanish with links for selecting age-	
appropriate activities and stories.	
http://www.storyplace.org	
Information for parents on positive discipline	
and how-to reduce stress with newborns and	
small children. It also gives information on	
health and other issues such as CPR.	
http://www.chkd.org	
Information on how to stop spanking; and	
offers alternative ways for disciplining.	
http://www.stophitting.com	

A discussion board where you can ask		
questions and get answers on child behavior,		
and parenting tips such as stress and how it		
affects your child and their behavior.		
http://www.practicalparent.org.uk		
Discusses discipline verses punishment and		
help steer parents and teachers to guide		
children to responsible behavior.		
http://www.momlovesbest.com		
Families as Learners		
Parent Training		
Northwest College		754-6000
University of WY Outreach		754-6108
Basin Cloud Peak Middle		568-2846
Basin Riverside High		568-2416
Greybull Middle		765-4492
Greybull High		765-2537
Family Engagement in		
Transition		
Children with Disabilities		
Children's Resource Center (CRC) Basin		568-2914
Parents As Teachers (PAT)	https://parentsasteachers.o	
	rg	
Kindergarten Transition		
Basin-Laura Irwin Elementary		568-2488
Greybull Elementary		765-2311
Family Connections to		
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Peers and Community		
Peers and Community Families/Peers/Community		
Families/Peers/Community		568-2529
		568-2529 568-2381
Families/Peers/Community Driver's License		
Families/Peers/Community         Driver's License         5th Judicial District Court		568-2381
Families/Peers/CommunityDriver's License5th Judicial District CourtChild Support Enforcement		568-2381 568-2970
Families/Peers/CommunityDriver's License5th Judicial District CourtChild Support EnforcementFamily Treatment CourtLegal Aid of Wyoming		568-2381 568-2970 568-2390 877-432-9955
Families/Peers/CommunityDriver's License5th Judicial District CourtChild Support EnforcementFamily Treatment CourtLegal Aid of WyomingElks BPOE Lodge #1431		568-2381 568-2970 568-2390 877-432-9955 765-2500
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Families/Peers/Community         Driver's License         5th Judicial District Court         Child Support Enforcement         Family Treatment Court         Legal Aid of Wyoming         Elks BPOE Lodge #1431         Hands Across the Saddle		568-2381 568-2970 568-2390 877-432-9955 765-2500
Families/Peers/CommunityDriver's License5th Judicial District CourtChild Support EnforcementFamily Treatment CourtLegal Aid of WyomingElks BPOE Lodge #1431		568-2381 568-2970 568-2390 877-432-9955 765-2500 765-4466

	587-2955
	754-4868
	568-2276
	568-2213
	568-2217
	765-9693
	388-9376
	765-4300
	765-4401
	765-4478
	765-2109
	765-4466
	765-4466
	302-5302
	568-2121
	568-2072
	568-2063
	765-2640
	765-2353
	765-2575
	765-2866
	765-2415
	765-2438
	568-2309
	765-2697
	568-2684
	765-4756
	568-2367
	568-3055
	765-2100
governor.wyo.gov	
https://www.barrasso.sena	
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US Senator Cynthia Lummis, 290 Russell- Senate Office Bldg. Washington, DC 20510- 5002	https://www.lummis.senat e.gov/	202-224-3424
US Representative Harriet Hageman	http://Hageman.House.gov	
1531 Longworth -House Office Building		
Washington, DC 20515		