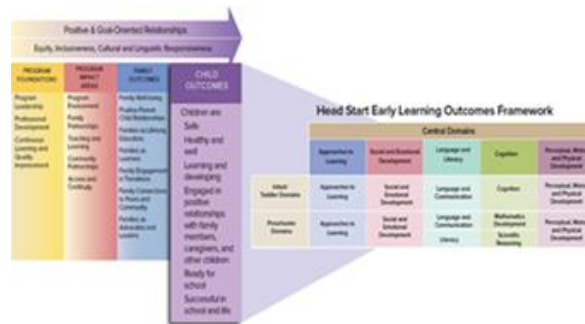




Thermopolis Community Resource Handbook 2023-2024



The Parent Family and Community Engagement Framework (PFCE) blue column is embedded in this resource handbook to help you meet your Family Outcomes. If there is any information you need and cannot find it, please feel free to ask one of the staff members. **There is a copy on our website under your respective “Center” tab.**
[Thermopolis — Absaroka Head Start \(abshts.org\)](http://Thermopolis — Absaroka Head Start (abshts.org))

We want to welcome all our families to Head Start! We look forward to working with you and your child and hope you find the year enjoyable. If you need to contact us, please call 864-5481.

MISSION: To provide building blocks for children and families for a lifetime of success

VISION: Building leaders for today and tomorrow

VALUES:

1. Individuals are respected and valued.
2. Open and honest communication is fostered.
3. Cultural diversity is respected.
4. A non-judgmental atmosphere will be created, and non-judgmental attitudes will be demonstrated.
5. Equal educational opportunities are provided for all children and families, regardless of race, gender, religion, ethnicity, sexual preference or disability.
6. Personal and professional growth opportunities are provided for staff and families.
7. Openness to and acceptance of progressive positive change is demonstrated.
8. Every individual has intrinsic worth. The opinions, experiences, and feelings of others are given consideration.

Main Office: Absaroka Head Start
P.O. Box 952
Worland, Wyoming 82401
Phone: 307-347-4192
Fax: 307-347-4777
Website: www.abshs.org

Absaroka, Inc. is an EOE

Creative Curriculum

The Foundation helps teachers create a high-quality learning environment and build a thorough understanding of best practices. *Daily Resources* help teachers plan and manage every moment of their day. Through studies, which are hands-on, project-based investigations, *The Creative Curriculum® for Preschool* helps teachers build children's confidence, creativity and critical thinking skills, and promote positive outcomes.

ReadyRosie links with the Creative Curriculum that helps families deepen and scale their family engagement efforts in the education of their child. Teachers will use mobile technology to build powerful partnerships between families for "Ready Families, Ready Educators, Ready Children".

Parent Area

There is some required information like schedules, menus, and safety precautions on the parent wall at our center. You can get most of your information on our Facebook page "Thermopolis Head Start". Please check it daily to keep updated. Another great resource for our parents is the Absaroka Head Start website: <https://www.abshs.org/resources> ***If you do not have internet access at home, you can access sites and others free at your local library or at the center during work hours.***

Volunteer

We encourage you to volunteer services and attend parent activities as it is a great time to be with your child and it greatly helps us out. We are meeting our 80% in-kind towards federal monies for the time parents spend volunteering. Please sign the in-kind sheet when you visit our center.

Sign-In/Sign-Out

We ask that you sign your child in and out every day. The sheet includes previously entered information, including your child's name and the date. Please sign your name and time during drop-off and pickup, on the correct date.

Newsletter/Calendar

We send out a monthly newsletter filled with our activities and other important information. It also has ideas for furthering your child's interest in wanting to learn so they become school ready. When you are excited and interested, your child will learn from your interest and want to learn more. There are Community Calendar events posted on the center's Facebook page. We follow the Hot Springs County School District #1 calendar.

Absaroka Head Start-Thermopolis Center

326 Warren Street, P.O. Box 1227
Thermopolis, WY 82443

Regional Coordinator.....Vanessa Ysebaert
Teacher.....Jill Van Heule
Teacher Aide.....Bridget Coates
Family Health and Services Aide.....Ariel Ferrett
Cook..... Brian Steere

Schedule

Arrival time for children is **8:15 AM** and pick-up time is **3:30 PM**.

IMPORTANT INFORMATION

We have an open-door policy; however, for children's safety, we keep our doors locked. Please knock hard and loud on the door, ring the doorbell, or call the center.

Please help us Recruit! Please give referrals for children who might want to come to Head Start as we recruit year-round.

Family Well-Being		
Safety	Address	Number
Crisis prevention and response (Worland)	1901 Big Horn Ave	307-347-4991
Fremont County Alliance (Riverton)	510 E Washington Ave	307-856-4734
HSC Sheriff's Office Jerimie Kraushaar, Sheriff		864-2622
Department of Family Services		864-2158
Office of Substance Abuse		1-800-729-6686
Help Me Grow– Safe Kids		1-800-994-4709
Legal Aid	www.lawyoming.org	1-800-442-2496
Police/Sheriff/Ambulance/Fire		911
Police –Julie Mathews, Police Chief	326 Warren Street	864-3114
Fire Hall	400 S 14 th	307-864-2821
WY Poison Control		1-800-222-1222
Housing Stability		
Rentals		
Properties West	200 N 6th St	307-864-2192
RE/MAX	601 Broadway St	307-864-4663
Round Top Real Estate	508 Arapahoe St	307-864-2252
Health		
Public Health-Anita Weisbeck, R.N.	117 North 4 th	864-3311
County Annex Building		1-800-870-2249
Hospital		
Hot Springs Co. Memorial Hospital	150 East Arapahoe	864-3121
Medical Clinics		
Red Rock Family Practice	120 No. C Ave.	864-5534
Dentists		
Paintbrush Dental	110 East Arapahoe	864-9411
Vision		
Thermopolis Eye Care	110 North 5th Street	864-2324
Pharmacies		
Vicklund Pharmacy	610 S 6th St	307-864-2369
Prevention		
Alcohol & Drug Helpline		1-800-821-4357
Poison Control	www.poison.org	1-800-222-1222
Wyoming Cancer Resource Services		877-437-2702
Wyoming Quit-line		800-784-8669
Mental Health		
High Country behavioral Health	121 So. 4th	864-3138
Common Grounds	124 North 5th	864-3851
Alcohol Anonymous	6th Street South	307-921-0880
Division of Vocational Rehab		877-473-7207

Job Corps (Youth)		800-733-5627
Employment		
State of Wyoming-Small Business Dev. Counselor		1-800-969-8639
Wyoming Workforce Services	https://dws.wyo.gov/	
Financial Stability		
Big Horn Federal	643 Broadway, St	307-864-2156
Bank of Thermopolis	701 Shoshoni St	307-864-3787
Central Bank and Trust	435 Arapahoe St	307-864-5561
Pinnacle Bank	125 S 5th St.	307-864-5555
Food/Clothing		
River of Life (3rd Thursday food giveaway)	319 Broadway St	307-864-3452
Messiah's Mall (basement of Risen Son SBC)	342 Amoretti	
Positive Parent-Child Relationships		
Nurturing Relationships		
Park		
Candy Jack Park	200 block S 12th	
City Park	100 block N 12th Street	
Bicentennial Park	432 Broadway St	
Hot Springs State Park	538 E Park St	
Wooden Park	300 Arapahoe St	
River Bend Bark Park	234 E Park St	
Wyoming Dinosaur Center	110 Carter Ranch Rd	307-864-2997
Provided resources and information to help make parenting more rewarding, effective and fun! http://www.positiveparenting.com		
Concentrates on conception and pregnancy and contains volumes of information on newborns through age 19. www.cdc.gov/parents/infants/index.html		
Offers information on "Fathering on the fringe," "The Joy of Fathering," "The Importance of Fathers," "Custody and Divorce," "Second Wives and Second Families," "Fathers and Sons," "Fathers and Daughters," "Single Fathers." http://www.fathermag.com		
Produced through "The National Parenting Center". http://www.tnpc.com		
Offers parents advice on various topics www.parents.com		
PBS characters lead children through games		

and learning activities. www.pbskids.org		
Created to offer practical parenting advice on a range of topics. http://www.parenting.org		
Day Care/Preschools		
Kim Enis	521 Amoretti	864-5278
Judy Giannino	117 Cedar Ridge Drive	864-2748
Tiffany Bruce		921-2869
Ciley Andreen		921-1880
Pam Stevens	545 Fremont Street	921-9085
Child Development Education/Parenting Skills		
Literacy: www.earlyliteracymatters.org		
Gather information about child development. www.earlychildhood.com		
Families as Educators		
Family Education		
Hot Springs Co. Library	344 Arapahoe	864-3104
HSC Museum & Cultural Center	700 Broadway	864-5183
Wyoming Dinosaur Center	110 Carter Ranch Rd	864-2997
Websites:		
Deals exclusively with education concerns that a family might be faced with, gives parents advice from Dr. Seuss, guides parents through choosing the right school, helps parents with handling parent-teacher conferences, offers homework help, and provides information on applying to college. The resources are categorized by age and interest. http://www.familyeducation.com		
Offers a broad selection of information covering discipline, health issues, development, family issues, academic support with homework help lines, advice on computers, helping children succeed in school, and effective study tips. http://childparenting.about.com		
Offers various links to help your child academically (for example, "Helping Your Child Learn History of Science"). Search for parents http://www2.ed.gov		
Offers free stories you can read to your children and has books such as phonics, home schooling, children's books, and puzzles. http://www.magickeys.com		

Short stories about Sesame Street characters facing certain fears and issues such as fire safety, immunizations, first day of school, and son on are the highlights of this Web Site. http://www.sesameworkshop.org		
Offers resources for parents to monitor their children's music. It has age-appropriate music for children and gives comprehensive list of children's recording artists. http://www.childrensmusic.org		
Digital library for children offered in English and Spanish with links for selecting age-appropriate activities and stories. http://www.storyplace.org		
Information for parents on positive discipline and how-to reduce stress with newborns and small children. It also gives information on health and other issues such as CPR. http://www.chkd.org		
Information on how to stop spanking; and offers alternative ways for disciplining. http://www.stophitting.com		
A discussion board where you can ask questions and get answers on child behavior, and parenting tips such as stress and how it affects your child and their behavior. http://www.practicalparent.org.uk		
Discusses discipline verses punishment and help steer parents to guide children to responsible behavior. http://www.momlovesbest.com		
Families as Learners		
Parent Training		
Central Wyoming College	Riverton Outreach	800-735-8418
Adult Education Classes/GED		864-6543
U W Extension Service	328 Arapahoe	864-3421
Thermopolis High School		864-6511
Thermopolis Middle School	1450 Valley View Drive	864-6551
Family Engagement in Transition		
Children with Disabilities		
Children's Resource Center	130 Highway 20 South	864-9227

Parents As Teachers	https://parentsasteachers.org	
B.O.C.E.S. -Big Horn Basin Children's Center	250 East Arapahoe	864-2171
Division of Dev. Services Cheyenne 186E	6101 N. Yellowstone Rd.	(800) 510-0280
Kindergarten Transition		
Ralph Witters' Elementary School	215 Springview	864-6561
Family Connections to Peers and Community		
Families/Peers/Community		
Wyoming Driver's License 173 US-20		864-9407
NOWCAP- Low Income Energy Assistance	317 So. 6th	864-5544
HSC Youth Alternatives Program	417 Arapahoe	864-3603
HSC Senior Citizens' Center	206 Senior Ave.	864-2151
Risen Son Southern Baptist Christian School	342 Amoretti	864-5114
HSC Senior Citizens Bus (Public)		864-2151
Gottsche Rehabilitation	148 East Arapahoe	864-2147
Anorexia & Bulimia Hotline		1-800-622-2832
Child help National Hotline		1-800-442-4453
Planned Parenthood		1-800-322-1020
Wyoming Highway Patrol		1-800-442-4331
Gotsche Rehabilitation Center	148 East Arapahoe	864-2913
Family Planning Services		864-3311
Vernon Miller, M.D. (surgeon)	112 East Arapahoe	864-2141
Thermopolis Chiropractic Clinic	443 Big Horn	864-4044
Myers Chiropractic	526 Big Horn	921-9890
Churches		
Church of Christ	701 Richards	864-3300
Church of God of the Prophecy	335 Amoretti	864-4236
Church of Jesus Christ of Latter-Day Saints	625 So. 10th	864-9452
Presbyterian – United Methodist Church	244 No. 6th	864-2524
First Baptist Church	310 So. 6th	864-3171
Holy Trinity Episcopal Church	642 Arapahoe	864-3629
Hot Springs Christian Church	1102 Broadway	864-3321
Living Waters Assembly of God	318 North 8th	864-3677
River of Life Fellowship	319 Broadway	864-3452
Risen Son Southern Baptist Church	342 Amoretti	864-4115
Saint Francis Catholic Church	815 Arapahoe	864-2674
Saint Paul's Lutheran Church	288 Highway 20 South	864-2205
Seventh Day Adventist Church	7th and Fremont	864-2478
Shepherd of the Hills Lutheran Church	129 Mountain View Dr.	864-9247

Families as Advocates and Leaders		
Leadership Development		
Hot Springs County School District #1 Admin.		864-6515
WY Dept. of Education- Cheyenne	Hathaway Bld. 2nd Floor	(307) 777-7415
Thermopolis Chamber of Commerce	119 So. 6th	864-3192
Hot Springs County Court (clerk of court)	415 Arapahoe St	864-3323
Hot Springs County Attorney	415 Arapahoe St	864-2004
Senate District 20- Wyatt Agar		(307) 921-8825
US Senator John Barrasso, 109 Hart -Senate Office Bldg. Washington, DC 20510-5003	https://www.barrasso.senate.gov/public	
US Senator Cynthia Lummis 290 Russell-Senate Office Bldg., Washington, DC 20510-5002	https://www.lummis.senate.gov/contact/contact-form/	
US Representative Harriet Hageman 1531 Longworth -House Office Building Washington, DC 20515	http://Hageman.House.gov	