



Worland Community Resource Handbook 2023-2024



The Parent Family and Community Engagement Framework (PFCE) blue column is embedded in this resource handbook to help you meet your Family Outcomes. If there is any information you need and cannot find it, please feel free to ask one of the staff members. **There is a copy on our website under your respective “Center” tab.** [Worland — Absaroka Head Start \(absaroka.org\)](http://absaroka.org)

We want to welcome all our families to Head Start! We look forward to working with you and your child and hope you find the year enjoyable. If you need to contact us, please 347-3164.

MISSION: To provide building blocks for children and families for a lifetime of success

VISION: Building leaders for today and tomorrow

VALUES:

1. Individuals are respected and valued.
2. Open and honest communication is fostered.
3. Cultural diversity is respected.
4. A non- judgmental atmosphere will be created, and non-judgmental attitudes will be demonstrated.
5. Equal educational opportunities are provided for all children and families, regardless of race, gender, religion, ethnicity, sexual preference, or disability.
6. Personal and professional growth opportunities are provided for staff and families.
7. Openness to and acceptance of progressive positive change is demonstrated.
8. Every individual has intrinsic worth. The opinions, experiences, and feelings of others are given consideration.

Main Office: Absaroka Head Start

P.O. Box 952

Worland, Wyoming 82401

Phone: 307-347-4192

Fax: 307-347-4777

Website: www.abshs.org

Absaroka, Inc. is an EOE

Creative Curriculum

The Foundation helps teachers create a high-quality learning environment and build a thorough understanding of best practices. *Daily Resources* help teachers plan and manage every moment of their day. Through studies, which are hands-on, project-based investigations, *The Creative Curriculum® for Preschool* helps teachers build children's confidence, creativity and critical thinking skills, and promote positive outcomes.

ReadyRosie links with the Creative Curriculum that helps families deepen and scale their family engagement efforts in the education of their child. Teachers will use mobile technology to build powerful partnerships between families for "Ready Families, Ready Educators, Ready Children".

Parent Area

There is some required information like schedules, menus, and safety precautions on the parent wall at our center. You can get most of your information on our Facebook page "Worland Head Start". Please check it daily to keep updated. Another great resource for our parents is the Absaroka Head Start website: <https://www.absahs.org/resources> **If you do not have internet access at home, you can access sites and others free at your local library or at the center during work hours.**

Volunteer

We encourage you to volunteer services and attend parent activities as it is a great time to be with your child and it greatly helps us out. We are meeting our 80% in-kind towards federal monies for the time parents spend volunteering. Please sign the in-kind sheet when you visit our center.

Sign-In/Sign-Out

We ask that you sign your child in and out every day. The sheet includes previously entered information, including your child's name and the date. Please sign your name and time during drop-off and pickup, on the correct date.

Newsletter/Calendar

We send out a monthly newsletter filled with our activities and other important information. It also has ideas for furthering your child's interest in wanting to learn so they become school ready. When you are excited and interested, your child will learn from your interest and want to learn more. There are Community Calendar events posted on the center's Facebook page. We follow the Washakie County School District #1 calendar

Absaroka Head Start-Worland Center
1313 Big Horn Avenue
Worland, WY 82401

Regional Coordinator.....Vanessa Ysebaert
Teacher Full-Day Classroom: Cynthia Fabela
Teacher Aide Rebeca Martinez
Family and Health Service Aide..... Rianna Baird
Cook.....Tina Rios

Schedule

Arrival time for class is: **8:15 AM** and pick-up time is **3:30**

IMPORTANT INFORMATION

We have an open-door policy; however, for children’s safety, we keep our doors locked. Please knock hard and loud on the door, ring the doorbell, or call the center.

Please help us Recruit! Please give referrals for children who might want to come to Head Start as we recruit year-round.

Family Well-Being		
Safety	Address	Number
<i>Domestic Violence/Sexual Assault/Victim Services</i>		
Crisis Prevention Center	1901 Big Horn Ave.	347-4991
Department of Family Services	1700 Robertson Ave.	347-6181
Highway Patrol	100 S 3 rd St	347-6545
Alcohol and Drug Abuse Information Line		1-800-729-6686
Detox Rehabs Wyoming	https://www.detoxrehabs.net/cities/worland-wy/	
Safe Kids		202-292-3234
Legal Aid	www.lawyoming.org	1-877-432-9955
Police/Sheriff/Ambulance/Fire		911
Sheriff	100 N. 10th	347-2242
Worland Police Department	100 N. 10th	347-4253
Fire Hall	200 S. 5 th St.	347-6379
WY Poison Control		1-800-222-1222
Housing Stability		
Multi-Age Family Housing	208 Shiloh Rd.	347-2456 Ext. 4
Hake Realty	744 Big Horn Ave	347-3271
Parkway East Sage Creek Apartments #24	2010 Sage Crossing Ave.	347-4786
McGarvin and Taylor	701 Big Horn Ave	347-4271
Utilities		
Rocky Mountain Power		1-888-221-7070
Utilities Commission	829 Big Horn Ave.	347-2486
Wyoming Gas	101 Division St.	347-2416
Range Worland	130 S. 9 th St.	347-7020
Spectrum		855-860-9068
State Farm	409 N. 10 th St.	347-9233
Famers Insurance	824 N. 10th	347-9822
Health		
Washakie Co. Public Health	1007 Robertson Ave.	347-3278
Hospital		
Washakie Medical Center	400 S. 15 th	347-3221
Medical Clinics		
Banner Health Clinics	400 S. 15th	347-2555
Hot Springs Health	1125 Charles Ave	347-2449
Dr.-Thurston Medical Clinic	401 S 15th St	347-2525
Dr. Ed Zimmerman	316 N. 10th	347-8885
Dentists		
Nelson and Page DDS	209 S. 7th	347-2544

Jeffries Dental	3313 Paintbrush Lane	347-3994
<i>Vision</i>		
Clear Image Vision Care	610 S. 12 th St.	347-4151
Cottrell Carl C OD	820 Coburn Ave	347-6141
Mountain West Eyecare	618 Coburn Suite 12	431-6398
<i>Pharmacies</i>		
Ricker's	1801 Big Horn Ave.	347-2281
Worland Pharmacy	1095 Circle Rd.	347-4500
<i>Prevention</i>		
Alcohol & Drug Helpline		1-800-821-4357
Wyoming Cancer Resource Services		877-437-2702
Wyoming Quit-line		800-784-8669
Mental Health		
Cloud Peak Counseling	401 S. 23 rd St.	347-6165
Suicide Prevention (After Hours)	401 S. 23 rd St.	347-4253
Crisis Center- The Lighthouse	510 S. 15 th	347-3023
Cowboy Psychological Services	1123 Big Horn	347-2717
Kathy Smith Counseling	1200 Culbertson	347-431-8005
Division of Vocational Rehab	1200 Culbertson Ave #F	347-3396
Job Corps (Youth)		800-733-5627
Family Circle Counseling	120 S. 7th	347-4001
Employment		
Washakie County Unemployment Office	1200 Culbertson Ave #F	347-8173
State of Wyoming-Small Business Dev. Counselor		754-2139
Wyoming Workforce Services	https://dws.wyo.gov/	
Financial Stability		
U.S. Bank	100 S 15th	347-9268
Bank of the West	120 N 7th	347-6126
Pinnacle Bank	644 Big Horn Avenue	347-3215
Security State Bank	320 N 10 th St	347-4300
American National Bank	700 Big Horn	347-4241
Big Horn Federal Savings Bank	1006 Big Horn Ave	347-6196
Sunlight Federal Credit Union	1800 Big Horn Ave.	347-8315
Food/Clothing		
Food Pantry (After hours- 431-6356)	620 Big Horn Ave.	347-6123
Born Again Clothing	823 Big Horn Ave.	347-2047
Positive Parent-Child Relationships		
Nurturing Relationships		

Parks		
Sander's Park	1000 Obie Sue	
Newell Sargent Park	8 th and Washakie	
Veteran's Park	Yellowstone Ave.	
Riverside Park (West side of town)	96 Robertson Ave	
Kiwanis Park	20 th Street	
Hillcrest Park	Hillcrest Drive.	
Pioneer Park	908 Big Horn	
Railway Park	220 S 5 th St	
Worland Aquatic Center	2250 Howell Ave.	347-3455
Worland Community Center	1200 Culbertson Ave F	347-8616
Provides resources and information to help make parenting more rewarding, effective, and fun! http://www.positiveparenting.com		
Concentrates on conception and pregnancy and contains volumes of information on newborns through age 19. www.cdc.gov/parents/infants/index.html		
Offers information on "Fathering on the fringe," "The Joy of Fathering," "The Importance of Fathers," "Custody and Divorce," "Second Wives and Second Families," "Fathers and Sons," "Fathers and Daughters," "Single Fathers." http://www.fathermag.com		
Parenting advice, support, and guidance through "The National Parenting Center". http://www.tnpc.com		
Offers parents advice on various topics www.parents.com		
PBS characters lead children through games and learning activities. www.pbskids.org		
Created to offer practical parenting advice on a range of topics. http://www.parenting.org		
Day Care/Preschools		
Busy Bee Preschool	801Culbertson Ave.	258-8692
Grandma Barb's Daycare	502 N Rd 11	347-8441
Krystal's Kids	802 S 13th Street	388-9728
Hanna's House	1406 Charles Ave	347-8995
Miller's Daycare	Coburn Ave	347-8836
Tanya's Tots	608 Obie Sue	347-9277
Bear's Kiddo Care	Must call for location	431-5184
Bright Beginnings	326 N. 11st	347-2551
Worland Preschool	1000 Wilson Dr.	347-8890
Sweet Peas	326 N 11th St.	347-8687

Blue Ribbon Academy	3012 Paintbrush Rd	431-2473
Stepping Stones	1115 Obie Sue	683-7252
Learning Center (School Age Kids)	1200 Culbertson	347-4899
Child Development Education/Parenting Skills		
Literacy: www.earlyliteracymatters.org		
Gather information about child development. www.earlychildhood.com		
Families as Educators		
Family Education		
Washakie County Library	801 Big Horn Ave Suite 100	347-2231
Washakie Museum & Cultural Center	2200 Big Horn Ave.	347-4102
Websites:		
Deals exclusively with education concerns that a family might be faced with, gives parents advice from Dr. Seuss, guides parents through choosing the right school, helps parents with handling parent-teacher conferences, offers homework help, and provides information on applying to college. The resources are categorized by age and interest. http://www.familyeducation.com		
Offers a broad selection of information covering discipline, health issues, development, family issues, academic support with homework help lines, advice on computers, helping children succeed in school, and effective study tips. http://childparenting.about.com		
Offers various links to help your child academically (for example, "Helping Your Child Learn History of Science"). Search for parents http://www2.ed.gov		
Offers free stories you can read to your children and has books such as phonics, home schooling, children's books, and puzzles. http://www.magickeys.com		
Short stories about Sesame Street characters facing certain fears and issues such as fire safety, immunizations, first day of school, and son on are the highlights of this Web Site. http://www.sesameworkshop.org		
Offers resources for parents to monitor their children's music. It has age-appropriate music for children and gives a comprehensive list of children's recording artists.		

http://www.childrensmusic.org		
Digital library for children offered in English and Spanish with links for selecting age-appropriate activities and stories. http://www.storyplace.org		
Information for parents on positive discipline and how-to reduce stress with newborns and small children. It also gives information on health and other issues such as CPR. http://www.chkd.org		
Information on how to stop spanking; and offers alternative ways for disciplining. http://www.stophitting.com		
Discussion board where you can ask questions and get answers on child behavior and parenting http://www.practicalparent.org.uk		
Discusses discipline verses punishment and help steer parents to guide children to responsible behavior. http://www.momlovesbest.com		
Families as Learners		
Parent Training		
Central Wyoming College	Riverton Outreach	307-855-2000
NWC Adult Education Classes/GED	231 6 th St. Powell	1-800-560-4692
U W Extension Service		307-766-5124
Worland Middle School	2150 Howell	347-3233
Worland High School	801 S. 17th	347-2412
Family Engagement in Transition		
Children with Disabilities		
Children's Resource Center	502 N. Road 11	347-8677
Parents As Teachers	https://parentsasteachers.org	
Division of Dev. Services Cheyenne 186E	6101 N. Yellowstone Rd.	307-777-7115
Kindergarten Transition		
East Side School	203 N. 15th	347-4662
South Side School	1229 Howell Ave.	347-3306
West Side School	810 S. 6th	347-4298
Family Connections to Peers and Community		
Families/Peers/Community		
Wyoming Driver's License	608 S 12 th St	307-347-6528

NOWCAP	500 Fifteen Mile Road	307-347-6185
LIEAP Low Income Energy Assistance		1-800-246-4221
Big Brothers Big Sisters		866-222-7996
Legal Aid		1-877-432-9955
Toastmasters	PO Box 1803	388-0464
Owl Unlimited	151 S. 6th St.	347-3535
Worland Senior Citizen Center	300 S 14th St.	347-3208
Anorexia & Bulimia Hotline		1-888-375-7767
Child help National Hotline		1-800-442-4453
Planned Parenthood		1-800-230-7526
Wyoming Highway Patrol		307-777-4301
Business & Professional Women		307-460-3943
Fraternal Order of Eagles Aerie 3096	701 S. Railway Ave.	307-347-2561
Worland-Ten Sleep Ambassadors	PO Box 1772	347-3226
Washakie Works- CPCC Scott Richard	Cloud Peak	347-6165
Churches		
Apostolic Pentecostal	617 Grace Ave.	347-9484
Assembly of God	1028 Rd. 11	347-2310
Bethany Fellowship Church	160 Pleasant View Dr.	347-2330
Big Horn Independent Baptist	420 Obie Sue	575-8300
Church of Christ	2801 Big Horn Ave	347-2132
Church of Jesus Christ of Latter-Day Saints	500 Sagebrush Dr.	251-0435
Church of Nazarene	701 Culbertson Ave.	347-3387
First Baptist Church	1101 Big Horn	347-4442
First Presbyterian Church	403 S 15th St	347-4422
First Southern Baptist	821 S. 15 th St.	347-4682
Grace Chapel Community	1101 Russel Ave.	347-3086
Grace Lutheran Church	701 S 15th St	347-2083
Seventh Day Adventist/School	660S. 17th	347-2026
St. Albans Episcopal Church	1126 Hwy 16	347-4704
St Mary Magdalen Catholic Church	1099 Charles Ave	347-2820
St. Luke's Lutheran Church LCMS	525 S. 6 th	347-2293
Worland United Methodist Church	1301 Big Horn Ave	347-3411
Worland Congregation of Jehovah's Witness	1156 South Rd. 11	347-2967
Zion Lutheran Church	1500 Circle Rd	347-2265
Sovereign Grace Bible Church	1115 Obie Sue	388-9431
Families as Advocates and Leaders		
Leadership Development		
Washakie County School District #1 Admin.	1900 Howell Ave	347-9286
WY Dept. of Education- Cheyenne	122 W. 25 th St Suite E200	307-777-7675
Worland Chamber of Commerce	N 8 th St and Big Horn Ave	347-3226

Washakie County Court (clerk of court)	1001 Big Horn Ave	347-4821
Washakie County Attorney	721 Big Horn	347-6324
Senate District 20- Ed Cooper	Ed.Cooper@wyoleg.gov	307- 851-5949
Governor Mark Gordon	governor.wyo.gov	307-777-7434
US Senator John Barrasso, 109 Hart -Senate Office Bldg. Washington, DC 20510-5003	https://www.barrasso.senate.gov/public	
US Senator Cynthia Lummis, 290 Russell-Senate Office Bldg. Washington, DC 20510-5002	https://www.lummis.senate.gov/	202-224-3424
US Representative Harriet Hageman1531 Longworth - House Office Building Washington, DC 20515	http://Hageman.House.gov	